

# Health Bagua

#### Wealth & Abundance

Wind Trigram

Hips, Pelvis, Thighs, Buttocks, Small bones, Gall Bladder, Nervous system, Respiration, Breathing System

Colds, Intestinal & gall bladder ailments, Pelvis & hip problems, Connective tissue problems, Hyperactivity, Spine Trouble

*Emotional*: Frustration, Anger, Identity issues, Power issues, things from past

## Fame & Reputation

Fire Trigram

Eyes, Brain, **Heart**, **Small Intestine**Blood, Glands, Circulation

Eye Disease, Brain dysfunction, Thyroid & glandular ailments, Mental illness, Upper gastrointestinal, Heart & blood conditions, Fevers, Perspiration

*Emotional*: Stress, Burnout issues, Anxiety, Overindulgence, Impulsiveness

# Relationships/Marriage

Earth Trigram

Internal Organs, **Spleen, Stomach**, Digestion, Immune system, Flesh, Lower half of body

Stomach & Digestive disorders, Blood sugar imbalance, Skin problems, Tongue & throat issues, Congestion, Goiter, Chronic fatigue, Fibromyalgia, Diabetes

*Emotional*: Depression, Codependency issues, Overwhelm, Mother issues

#### **Family & Ancestors**

Thunder Trigram

Feet up to Knees, Liver, Gall Bladder, Big bones, Muscles, Voice, Throat, Ulcers, Tumors

Foot problems, Liver disease, Sprains, Muscle & Connective tissue damage, Joint & Nerve Disorders, Paralysis

**Emotional**: Direction in life, Overexertion, Phobias & Hysteria, Family secrets & childhood issues

#### Health/Center

Health, **Stomach, Spleen**, Pancreas, Lymph, Nervous system

Overall health, Immune disorders, Infectious diseases, Tumors, Fevers, Circulation problems, Blood sugar issues, Blood pressure, Gall bladder problems, Diarrhea

**Emotional**: Extremes & Excess, Worry, Stress, Delusions, Not being grounded

## Children & Joy

Lake Trigram

Mouth, Lips, Gums, Teeth, Tongue, Lungs, Large Intestine, Skin, Esophagus

Breathing/Chest problems, **Lung, Large Intestine** problems, Colon, Skin disorders, Skull injuries, Fertility,
Pregnancy issues, Speech Organs, Nose,
Pelvic Disorders, Headaches

*Emotional*: Grief, Sadness, Addictions, Rigidity, Chaotic behavior

# Knowledge & Self-Cultivation

Mountain Trigram

Hands, Fingers, Back, Shoulders, Arms, Stomach, Spleen, Pancreas

Arthritis, Leg disorders, Muscular pain, Blood sugar imbalance, Constipation, Nasal Difficulties, Sinus

**Emotiona**l: Fatigue, Lethargy, Doubt & Depression, Hypochondria Disconnection from Spirit

# **Career/Opportunities**

Water Trigram

Ears, **Kidneys, Bladder**, Body fluids, Reproduction, Bones, Nervous system, Urinary Tract, Sexual Organs

Hearing & bone issues, Ear infections, Balance issues, Abnormal menses, Venereal diseases, Hemorrhoids

*Emotional*: Communication issues, Melancholia, Nervousness, Fear, Rigidity, Level of life force

# **Helpful People/Travel**

Heaven Trigram

Head, Neck, **Brain**, Pineal gland, Skull, Lungs, Skin, Colon, Large intestine

Migraines, Lung/Breathing problems, Elimination issues, Swelling, Broken bones, Skin disorders, Heart ailments

*Emotional*: Mental tension & worry, Perfectionism, Rigidity, Control issues, Father issues

(Place entrance of dwelling/room along this row.)

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