

## June 2020 Newsletter

Hello,

How are you doing during your extended homestay? This past month I found that my calendar filled more quickly than I preferred. I loved it when everything stopped in place for a few weeks and I had more space in my day. After many activities resumed on Zoom, I found that I needed to be more discerning about accepting invitations. I love having time for “me” and I intend to continue making it a priority.

One of the gifts of the quarantine period is time for reflection and contemplation. Going inward and reflecting on the deeper meaning of what we’re going through is a good alternative to the news. Exercising and spending more time in nature is too.

Your home is an outer reflection of your inner self. Are you shaping your environment or is your environment shaping you? This is worth a reflection. If you’re spending more time at home than you were previously, consider the various ways your environment might be influencing your physical, emotional, mental, and spiritual selves. The key is to embrace your home and to arrange it so that it supports who you are the way you want to live your life. If you’re not happy in your home, consider what you’d like to change and how it might happen. As you change the outside, things change on the inside.

If you’re longing for deeper human connection, it’s understandable. We’re social beings and we thrive when we connect with others in meaningful ways. In today’s world, the connection is through your fingertips. I’m amazed at some of the creative ways activities have gone virtual. One I enjoy listening to is “Playing For Change” (<https://playingforchange.com/>). This is a series of musicians seamlessly playing the same songs all around the world. Check it out. It’s quite engaging.

This month expect to see more things opening up. Although we’ll never return to the way things were, we’ll find some new norms as we learn to balance staying healthy and safe while the pandemic continues to lurk. We’re in interesting and unprecedented times for sure.

Do your best to enjoy June!

Peg

### June Feng Shui Forecast:

**June 5: Full Moon and Lunar Eclipse**

**June 18: Mercury Retrograde through July 12**

**June 20: Summer Solstice**

**June 21: Father’s Day**

## June 21: New moon and Solar Eclipse

### May Recap: Focus on the Knowledge Gua

The May 22<sup>nd</sup> new moon correlated with the Knowledge gua. This is the **front-left corner** of your house, every room in your house, your land and your business, office or workspace. The Knowledge gua is about knowing yourself at a deep level. It's about being comfortable with yourself and really loving who you are. It partners with the Relationship gua in the opposite corner, the back-right.

As a result of the Venus Retrograde we're also moving through (May 13 – June 25), relationships are being reconsidered and revalued on many levels. The underlying issue is about truly valuing yourself and the gifts you bring to the world. If you haven't done so, look over the front-left corners of your home and the rooms in your home prior to the June 5<sup>th</sup> full moon. Remove clutter and refresh the areas. For specific tips, review the May suggestions for your Knowledge gua here:

<https://fengshuiconnections.com/may-2020-feng-shui-forecast>

### June 21 New Moon Focus: Family Gua

The focus for June is your **Family** gua. This is the left-center of your home, every room in your home, your land, and your workspace. The Family gua is about the roots that run deep throughout your life. It relates to blood ties to your parents and grandparents, aunts and uncles, siblings and cousins.

The proverb "blood runs thicker than water" is an appropriate reminder about this gua. According to Wikipedia, the earliest record of this saying comes from 12<sup>th</sup> century German. It means that family bonds are stronger than those of friendship and love, and they always will be. Good or bad, family ties tug at you throughout your entire life. So, how about honoring this in your space and in your life?

#### The Family Gua and the Thunder Trigram

Thunder is the I Ching trigram associated with the Family gua, your family of origin. This is depicted as a solid line on the bottom and two dashed lines on top. As a result, this gua also relates to the energy of the Eldest son, East, Spring, the Wood element, the color green, the liver and gall bladder network, and your feet. Your feet root you to the Earth and to your ancestors. You draw energy into your body through your feet. In your home, the Family gua represents new beginnings and ideas. It's the foundation from which you operate. It's your roots.

The I Ching teaches us that the Eldest Son is the one who breaks new ground and paves the way for others that come after him. Although his path is not always easy, the Eldest

Son leads the way among the children. As parents learn with the first child, the rules are often relaxed for those who come along later.

### **Family Gua Representations**

From a health perspective the liver is the organ network associated with the Family gua. The liver and gall bladder are the organs activated during the spring. The liver stores and distributes nourishment for your entire body. It provides essential support to your entire body and it has an amazing ability to regenerate itself after an illness or injury. A spring liver cleanse is a healthy practice to move ahead, after the slower and denser energy of the colder months.

The color associated with the Family gua is green. Think spring green ... the color of many leaves as they puff out in the spring. Green is also a color of health and vitality. It's uplifting and energizing. The Wood energy of trees represent the Family gua. Tall, healthy trees with roots that run deep into the earth are wonderful symbols for Family energy.

Wood energy is strengthened by Water and weakened by Fire, Earth, and Metal energies.

**Wood** energy is about growth and expansion. Wood is represented by:

- Fresh flowers, plants, and trees
- Pictures or art depicting flowers and trees
- Floral fabrics and patterns
- Vertical stripes and tall columns
- Green and blue

**Water** energy helps to create flow. It also brings reflective and philosophical qualities.

Water is represented by:

- Water features and water itself
- Mirrors, windows, glass, reflective and shiny surfaces
- Black and very dark colors
- Free form, wavy and symmetrical shapes
- Pictures of lakes, rivers, harbors, ocean views

Every area should have representations of all Five Elements. Although Wood energy is the dominant energy for the Family gua, introduce Fire, Earth and Metal energy to balance and harmonize the area. A space is balanced when it feels good to you, when it's comfortable without being too active, and it's uplifting while also feeling peaceful. It's a place where you feel happy and you can also relax.

**Fire** brings dazzling, sparkling energy to a space. It is represented by:

- Fire, flames, lights, sunlight, candles
- Triangles, pyramids, diamond and cone shapes
- People and animals

- Electronics and electrical items
- Red, burgundy and the red palette

**Earth** energy grounds and anchors your space. Earth items include:

- pottery, earthenware, bricks and clay
- seashells and natural items
- square shapes
- oversized or heavy furniture that hugs the floor
- yellow, brown and earth tones

**Metal** energy helps bring clarity to a space. Metal items include:

- all metal: gold, silver, brass, aluminum and more (pots & pans, lamps, picture frames...)
- marble, granite, flagstone
- natural crystals and rocks dug from deep in the earth
- circles, oval and arch shapes
- white, gray and pastel shades.

Complement Wood and Water energies in the Family gua with items that represent Fire, Earth and Metal energy. For example, people represent Fire energy. Family photos are one way to bring in fire energy. Play with the elemental aspects of the picture frames via the material, color and shape of the frame. A photo in a black, metal frame brings in water and metal energy. A vertical frame adds Wood energy and a square frame symbolizes Earth energy.

### **Tips to Enhance Your Family Gua**

- Add a tree picture, sculpture, or image. One with deep roots works well.
- Include some green (or blue). A fresh spring green is vibrant.
- Strategically place happy family photos.
- Incorporate some vertical stripes or tall columns.
- Add a water feature.
- Hang a beautiful mirror that reflects something pleasing.
- Free flowing and wavy shapes are helpful. They support flow and movement.
- Outside, create a gathering space for family and friends.

For optimal results, clean and energize your Family gua prior to the June 21 new moon. Then, set your intention and strengthen it by doing a meditation on the day of the new moon.

### **Write Your Intention**

Write down your wishes related to family bonds, relationships, or matters. Use present tense, positive words, just as if it is happening now. For example: "I am so grateful that my family is reconnecting during this challenging time and that our relationships are growing stronger than ever." Place your intention in a red envelope, reinforce it with a prayer or blessing and place it in your Family gua. The more specific you are, the easier it is to get results.

### **Reinforce Your Intention with a New Moon Meditation**

Do a meditation on June 21, the day of the new moon, to help your intentions take shape. Think of this as planting a seed. When you specify your intentions and then bring attention to them via a meditation, you're planting the seeds of change, helping them to further develop or strengthen the situation at hand. Believe in your intentions, get excited about them, and visualize the results unfolding in your life. After this, go about your daily activities and check back in two weeks with the July 4th full moon and Lunar eclipse.

### **June Eclipses: The Shifts Continue**

We're in eclipse season again, with three eclipses between June 5 and July 4<sup>th</sup>. Eclipses come in pairs and occur six months apart. We'll experience a lunar eclipse with the full moons on June 5<sup>th</sup> as well as July 4<sup>th</sup>. There's also a new moon solar eclipse on June 21.

Eclipses represent times of significant change. The shifts can begin about 30 days before and after each eclipse. The issues they bring up can last three to six months for a lunar eclipse and up to a year for a solar eclipse. Some eclipses are beneficial, and others are challenging. The June/July eclipses are challenging ones. They're associated with separations, restrictions, and misconceptions. Given the times we're in, this is no surprise. It's best to lay low during the eclipse cycles and take action after at least 30 days have passed.

Although we won't see the eclipses in the USA, you can be affected by the eclipse energy if it interacts with important points in your astrology chart. The June 5<sup>th</sup> lunar eclipse can be seen in much of Europe, Asia, Australia, Africa, South/East South America, Antarctica, and the Atlantic, Pacific and Indian oceans. It's a big path!

The June 21 Solar eclipse will be visible from parts of Africa, south of Pakistan, India and China.

Learn more about the eclipse paths here:

<https://www.timeanddate.com/eclipse/solar/2020-june-21>

### **Mercury Retrograde June 18 – July 12**

If you've been reading this newsletter for a while, you're likely to be familiar with Mercury Retrograde cycles. If you're new, Mercury is the planet that rules communications. Approximately three to four times a year, Mercury appears to back up for about three weeks.

Mercury retrograde periods are wonderful cycles to clean things out and to catch up. They are not favorable periods to begin important new initiatives, sign contracts (including marriage), purchase electronics (including cars). Communications easily go

awry during these times, tensions can run high, more arguments ensue, accidents and mishaps happen. See the separate blog post for more details.

### **June 20: The Summer Solstice**

Do you believe we're already at mid-year? The Summer Solstice is Saturday, June 20<sup>th</sup>. This is the longest day of the year. After this, each day will grow shorter by a minute or more. I find this day bittersweet. I love the longer, warmer days! I would love for time to expand so that we can enjoy it for a longer period. Learn more about the Summer Solstice from the Farmer's Almanac

<https://www.farmersalmanac.com/summer-solstice-first-day-summer>,

### **Father's Day and the Helpful People Gua**

Father's Day is Sunday, June 21st. The area of your home, property or workspace that correlates with Dad is the Helpful People and Travel gua, the area with the strongest male energy. This is the front-right corner of your home, your yard, your office or your business, when the space is divided into a grid of nine, like a tic tac toe board.

This is the gua that is affiliated with heavenly help. Helpful People are those in this world, as well as those on the other side. This is the area to energize if you'd like to honor your relationship with your father or strengthen a relationship with "the man" in your house (or life). Also energize the front-right corners of rooms and spaces if you'd like to attract more help and assistance for yourself or your business. This area is a Metal gua. Metal energy sharpens a situation and brings clarity.

There's a lot going on in June this year! Buckle down and enjoy the month.

### **Ideas for Mercury Retrograde ...**

Mark your calendar! Mercury is retrograde, **June 18 – July 12 and October 13 – November 3, 2020.** (The other 2020 cycle was February 16 – March 10.)

Although Mercury Retrograde often gets a bad rap, I've come to love Mercury Retrograde periods. They are a wonderful time slow down, reflect on what's happening, clean things out and reconfigure places and situations. Even with our Covid-19 extended "home hibernations," days can get quite busy and fill with many activities. I noticed this after the first three weeks of our quarantine. At first, my calendar was suddenly free of obligations. It felt wonderful and expansive. I was getting many extra projects done. Then Zoom invitations and meetings appeared. Before long, I was faced with conflicting opportunities and my calendar was feeling crowded. I had to decide where I would place my focus. I'm learning how to balance things in our physically distant and virtual world, while continuing to carve out enough time for myself.

Mercury is the planet that rules communications. Three to four times a year, it appears to back up, for about three weeks. When this happens, communications go awry, mistakes are made, electronics and other things break down, more accidents occur. People get confused and tensions rise. Rather than push forward, we're meant to pause and take a break. It's a great time to work on your house, yard, or office!

This Mercury Retrograde encompasses Father's Day, the beginning of summer, the 4<sup>th</sup> of July and the traditional summer vacation period for many people. Although things will be different this year, I encourage you to find ways to:

- Relax
- Retreat
- Rejuvenate

Are you feeling that it's not a great time to do these things? Think again. You just might need to re-think how you can do them in a new way, to figure out how to do these things at home, close to home, or wherever you are. Last month on Mother's Day, I treated myself to a spa day at home. It was perfect! This month, on Father's Day, you might come up with some extra special ways that the dads in your life can also experience a special and relaxing day.

Have you been making progress with home-related activities during the past few months? I'm noticing that many people are clearing clutter to the point that local dumps and recycle centers have had to close early due to too much trash. This happened in my current town as well as our former town. Don't let that stop you though! The dump closings are short-lived. Many towns are readjusting. They're figuring out how to deal with all the extras.

Some Mercury Retrograde favorable home activities are to:

- Refresh a space
- Repair something of value
- Refinish furniture
- Repaint, Renovate, or Reconstruct any area

You might also spend some time rethinking creative activities, such as:

- Rediscover a former interest ... my husband restrung his guitar recently
- Record music or video
- Rewrite something
- Repurpose one or more items
- Recreate a space for yourself or other family members
- Rehearse with a group online

For spiritual development, it's an ideal time to:

- Retreat and reassess
- Read items of interest

- Relate to stories and examples
- Remain grounded and centered
- Reflect deep within yourself
- Release fears, non-beneficial beliefs and trapped emotions
- Reconsider your choices, if you're not happy or you're not living in joy.

Outside, you might:

- Repot plants
- Remove debris or trash
- Repair a gate, a wall, a fence

What activities can you think of? There are ample ways to have a successful and productive Mercury Retrograde period at home or close to home.

## Assorted Tidbits ...

When I travel, I love to explore historic buildings, castles, homes. Click this link to take a virtual photo tour from MSN travel of many interesting **and stately homes around the world**: <https://bit.ly/36oTOcT>. You might come up with some ideas for a future trip!

Check out this **new concept in dining** from an Amsterdam restaurant: <https://bit.ly/2ZvqGiI>. I love it! I'm sure we'll see some additional concepts emerge soon too. Times of crisis are also times of opportunity. People love to eat out. It's a social activity. We'll figure out ways to do it safely again.

Some of these are fun to see ... **rooms hiding in plain sight**. Check it out: <https://bit.ly/3ecHKhg>

## *Money Is an Energy Game*

<https://bit.ly/2TpXHZF> link to home page

Thank you to everyone who has purchased a copy of *Money Is an Energy Game* as well and who also voted for the book in the COVR (Coalition of Visionary Resources) Awards. Madeline Gerwick and I really appreciate it! We'll learn the results of the COVR Awards soon and we're expecting print copies of the book to ship by early July.

If you're on Facebook and you'd like to see a daily Prosperity Tip, "Like" our *Money Is an Energy Game* page. I'll also post one in this newsletter each month.





MONEY IS AN  
ENERGY GAME

## Prosperity Tip

**You can increase your prosperity by putting your desk in the “command position” in your office.**

**This provides you with the largest amount of space in front of you (so you’re not “up against the wall”) and gives you a view of the door, without being in front of the door.**

**This position allows you to see opportunities that come your way and prevents you from being in a vulnerable position with your back to the door, unable to see what’s coming from behind you.**

[moneyisanenergygame.com](http://moneyisanenergygame.com)

### **We’d love your Book Review on Amazon!**

If you’ve read *Money Is an Energy Game*, enjoyed it, we’d be honored if you **place a review and some comments on Amazon.com**. This will give our book more visibility and help other people who might be interested. Go to: <https://www.amazon.com/dp/B082Q6S344> and scroll to the bottom of the page to leave your review. Thank you! We really appreciate it.

Here’s a testimonial sent in by **Elizabeth Ramirez**. Thank you, Elizabeth!

“The book changed my perspective regarding money, as it TRULY is energy. What a phenomenal book. Thank you so much for taking the time and the energy to write and publish it. Looking forward to reading so much more from you!”

Many thanks to **Lin Carson of Bakerpedia** (<https://bakerpedia.com/>) for her testimonial:

“I am reading your book "Money is an Energy Game" and it all makes sense. I've written my own Prosperity contract and I am working on my way to building a phenomenal company. Regardless of what is looming ahead of us. I know I can do it. Thank you so

much. You have changed the way I've been looking at things, and you are going to play a part in how I make things different for women in society. It will take a decade, but it will happen.”

## **Affirmation # 174**

“My heart unfolds like a lotus blossom today and touches all in my midst. I am overjoyed.”

## **June Special ... \$108.00 Workspace Consultations**

Since so many people are working from home, this month Peg is offering online Workspace Consultations for \$108.00! This might be your home office, a guest room, your kitchen countertop or dining room table, or perhaps a corner that you've set aside for yourself. It doesn't matter. Many current workspaces are makeshift spaces. What's important is that you're able to focus and be productive. If you find that your current area is not working, this special is for you. You'll meet over Zoom, focus on your top priorities, and identify ways to strengthen the feng shui of your work area.

Contact Peg to schedule at [peg@fengshuiconnections.com](mailto:peg@fengshuiconnections.com) to schedule. You'll receive a questionnaire to complete in advance, that will assist the consultation.

## **Home Feng Shui Tip: Refresh your Refrigerator**

Your refrigerator is a source of nourishment for you and your family. During this pandemic, in particular, most people are cooking more and eating at home, since restaurants have been closed or on take-out only. Clearing old food from your refrigerator and freezer (including sauces, dressings, condiments, food you'll no longer eat, etc.), thoroughly washing it inside and out. And filling it with fresh, vibrant food, is a great way to lift your spirits and nourish your body. If you haven't done so recently, clean out and refill your refrigerator. It'll make a positive difference in your life.

## **Business Feng Shui Tip: Boost Your Family Gau**

In business, the Family gua relates to your work family, your colleagues and associates. This is the left-center area of your workspace or business, when you divide your space into a grid of nine (like a tic tac toe board). Clear any and all clutter from this area, including paper piles and things that have been sitting idle for a while. Set a positive intention for your work family and then add an enhancement such as a green plant, a beautiful tree image, a happy picture of everyone in a wooden or rectangular frame. You can also hang a beautiful crystal to activate your intentions, or hang a mirror that

reflects something pleasing, among many other things. Then, get out of your own way and let the Universe fulfill your requests.

## Clear Negative History on Your Property via FLFE

With most people spending almost all of their time at home these days, the quality of chi in your home is more important than ever. Your home has the ability to support you and your health or do the opposite and stop you in your tracks. This is an optimal time to raise the vitality of your home to fully support you and everyone in your space.

Focused Life Force Energy (FLFE) activates a high consciousness field for each property. As a result, EMFs are harmonized, geopathic stress is neutralized, negative energy dissipates, and more life force energy is available to you. Sending more positive energy to your body, helps to strengthen your immune system. What better time to get some added support than during this global pandemic?

### Get a 15-day FREE-Trial

One of the nice features of the FLFE Property service is that it clears negative history and geopathic stress. You can have this done via a 15-day Free Trial. Click here to learn more: <https://bit.ly/3bPBwCA> . Click Free Trial and explore the list of services for the Property free trial. I highly recommend it. There's no obligation.



See the FLFE page on the Feng Shui Connections website for more experiences.  
<http://fengshuiconnections.com/focused-life-force-energy/>

**Contact Peg to schedule or for more information.**

### Services

- Life Coaching
- I Ching Readings
- Feng Shui Consultations
- Office Feng Shui Consultation
- Fashion Feng Shui Consultations
- Business Feng Shui Consultations
- Space Clearings or Personal Clearings
- Personal Empowerment Coaching Sessions

- **Emotional Freedom & Healing Release sessions**

**A Presentation, Workshop, or Class**

Peg works onsite as well as remotely via email, web, phone, WhatsApp or Zoom. EF&H and coaching sessions are generally via telephone. Consultations are tailored to your needs.

*Thank you for reading! Please pass along to anyone who might like to read this as well.*