

## September 2020 Newsletter

Hello,

I love September! Warm and sunny days, followed by cool, crisp nights are great for outdoor activity, productivity and getting a deep sleep. I always feel reinvigorated and ready to dig into work and projects for the period before Thanksgiving arrives.

This month give some attention to the Center of your house. The energy of your home revolves around the Center and it relates to overall well-being. If spending extended time at home is leaving you yearning for more space, look around and see what you can eliminate. Do you have items consuming space out in the open or tucked away in closets that you never use or don't like? Thinning things out provides more room.

We're transforming our back porch ... painting it a refreshing white. It will feel bigger and brighter. For the winter months it turns into a mudroom. It's a great transition space from our outer to inner world.

This is also a good month to give some thought to your plans for the next two years. Mars goes retrograde on September 9<sup>th</sup> through November 13<sup>th</sup>. Rather than begin new initiatives, think about what you want to do for the next two years and prepare a written plan. Doing so will help it to happen.

Enjoy September!

Peg

### September Feng Shui Forecast:

September 2: Full Moon

September 9: Mars Retrograde through November 13<sup>th</sup>

September 17: New Moon: A Time to Nurture Your Self

### August Recap: Connect with your Inner Child

The August 18<sup>th</sup> new moon correlated with the Children and Joy gua, the right-center of your home, every room in your home, your land, and your workspace. The energy of this area relates to your inner child and your creativity. It's about enjoying life to the fullest. I hope you took some time to do so during August.

The energy of this area also relates to the future and your later years, as well as children around the age of 18, moving into the adult world. You can help young adults find their

voice by activating this area. From a health perspective, the Children and Joy gua is linked to your mouth, teeth, throat, and lungs.

If you energized your Children and Joy gua prior to the August 18<sup>th</sup> new moon, tune in and pay attention to what unfolds as things come to light with the September 2<sup>nd</sup> full moon.

Click here if you'd like to review the August recommendations:

<https://fengshuiconnections.com/august-2020-feng-shui-forecast>

## **September 17 New Moon: A Focus on Overall Well-Being**

The **September 17<sup>th</sup> new moon in Virgo** correlates with the **Center of your space**. The energy of this area is all about your health and well-being. The quality of the energy in the Center permeates throughout your entire house (or related room, workspace, etc.), so it's in your best interest to keep the center of your space in top-notch condition.

A key concept of feng shui is that your home is a mirror of yourself. It reflects your inner energy, and those living in your home. Since our extended time at home is likely to continue for a bit, this is a good time to contemplate the energy within your space and consider what's being reflected back. Here are some questions to consider:

- As you view your home, what comes to mind?
- Do you like your space and do you enjoy living there?
- Is there anything you'd like to change? If so, what and why?
- Is everything in good working order ... how about your windows, plumbing and electric?
- Do the colors please you?
- Is your home clean and well organized? Does everything have a "home?"
- Do you have enough storage?
- Are you storing items that you no longer need, want, or even care about?
- How about paper management? Do you have excess files and piles, books, magazines, correspondence, etc.?
- If you could change one thing about your home, what would it be?

### **The Center of Your Space Relates to Earth Energy**

The Center of your space correlates with Earth energy in the Five Element system. Earth is a unifying element. When in balance, Earth is supportive, nurturing and comforting. It's reassuring. Think "Mother Earth." You can use your home to provide a solid foundation in your life, providing stability in this chaotic world and a feeling of being grounded every day.

Key Earth qualities include:

- Nurture

- Comfort
- Stability
- Support
- Feeling grounded
- Having a solid foundation
- Unification

When Earth is deficient, you might have concerns about survival or feel that you lack a support system. You might also be emotionally and spiritually closed or cutoff.

When Earth energies are in excess, you might experience or display muddled thinking, have constant worry, or feel stifled or smothered. You or others in your space might be overprotective, feeling that you can never do enough to please others.

Earth prefers balance and harmony over conflict. Imbalances can result in stomach and spleen disharmony. In addition to the Center of your space, Earth-type rooms are sitting rooms, bedrooms and porches.

### **Steps to Take This Month**

Easy steps to take this month, prior to the September 17<sup>th</sup> new moon, are to:

1. **Thoroughly dust and vacuum** the Center of your home. I did this while preparing for this newsletter. I removed dust that was hovering in low places such as corners, under furniture, and the lower rungs of chairs.
2. **Wash the glass** in your picture frames. I also did this. The glass on our photos is sparkling again. Doing this provided an instant lift, even though they looked fine before I washed them.
3. **Clean your lamps and lamp shades.** I did too. It provides another instant lift to your space.
4. **Clear away clutter.** This might be old magazines or newspapers, books that are piling up, counters or tabletops that are magnets for various items. Thin out the less than obvious clutter that is tucked away and consuming space too. This includes items in cabinets, drawers, closets and bookshelves. A little goes a long way. You can make great progress in short spurts of 5 – 10 minutes each day. There's no need for marathon sessions that deplete your energy.
5. **Make a list of everything that needs repair.** If you can complete easy repairs, do so. For larger ones that you might not be in a position to do right away, set an intention that they get done easily! If money is a worry, let it go. Focus on the end result instead. Doing so will facilitate the process.
6. **Add something uplifting** in your space. I added a vase of colorful, fresh flowers. This is another instant "chi" lift.

### **Actions to Take at the New and Full Moons**

New moons are the time to set your intention. Full moon are the time to observe what is shifting and beginning to happen. Work with your space prior to the new moon by cleaning and activating it. On the day of the **new moon (Thursday, September 17<sup>th</sup>)**, do a meditation to set your intention and visualize the end result. Give thanks that it's happening.

Two weeks later, at the **full moon (Thursday, October 1)**, take some time to tune in and reflect on the past two weeks. What's shifting? What are you noticing? Depending on your intentions and circumstances, a shift might be about a repeat message coming to you. New contacts and/or information might have come your way. Perhaps you had an insight about how to approach a situation? Or a solution or answer might have been delivered to you directly. Answers also come in the form of gifts and totally unexpected ways. Be open to the unexpected. Be delighted when solutions emerge.

This month, go easy on yourself. Stay away from what's not happening in your life. This includes self talk and stories and anecdotes you share with others. This creates more of *what's not happening* and you get into a spin that's a challenge to get out of. Instead, switch your focus toward what you really want to happen, from a positive perspective, and *take inspired action towards your goals*.

I'd be delighted if you share some of the changes you make and what you notice as a result. Send your update to me at [peg@fengshuiconnections.com](mailto:peg@fengshuiconnections.com).

## **Mars Retrograde**

The planet Mars will be retrograde from September 9<sup>th</sup> through November 13<sup>th</sup>. This happens every two years for ten to twelve weeks. It's a time meant to reassess things and to do strategic planning. It's not a time to begin new projects. This is an excellent time to do research to see what's needed for whatever you'd like to do. Give some thought to your future direction. What motivates you and makes you happiest? Take time from now through mid-November to reflect on what you want for the next two years and put a plan in place to bring it into your life.

Note that anger is common during this cycle. If you're feeling angry, step back and reflect on the root cause. Do a meditation to reduce your anxiety and calm yourself. New solutions might come to you as you do.

From feng shui perspective, Mars represents Fire energy. It's transformative. "Fire" rooms are your living room, family room and kitchen. Fire energy also relates to your heart and small intestine. When Fire is in balance, you feel alive, motivated, optimistic, connected and compassionate. When Fire energy is deficient, you're likely to feel cold, clammy, doubtful, shy, dull and heavy-hearted. In excess, Fire fears separation and isolation. You might feel a lost sense of self or that you can't get enough pleasure or stimulation. You're always looking for more.

Balance and harmony are key to a happy, healthy and prosperous environment and life. Do what you can each day to bring yourself and your environment into a position where you can experience the best that life has to offer.

## What's Behind Your House Number? Energy!

Everything in the Universe is made up of energy. The energetic patterns embedded in your house and land are a primary focus of feng shui. Your house and surrounding property reflect your energy and you mirror the energy of your house and property. It's like a dance, with the energy moving back and forth.

Do you realize that one of the embedded patterns in your property is based on your house number? Numbers, like everything else, have energetic imprints. As a result, some houses are quiet and meant for individualistic pursuits, while others are focused on continual work, or family, friends and social activities, and others on spirituality, to cite a few qualities.

I live at number 70. This is a "7" house. When we initially purchased our house, it was "10, or a "1" house. Several years ago, all of the houses in my town were renumbered in a uniform manner to accommodate 911 services. In one swoop, the energy of our house changed from one that supported individual pursuits to one with a spiritual focus.

When we had two homes, our primary home was #4. Four is a work house! I know this energy well. I lived with it for 32 years. Fortunately, while there, we purchased a seasonal home, which has since become our main home. Although I continue to work, I am not as driven by work as I was when I lived in our "4" house. My work is more spiritual in nature now.

What vibration does your house number hold? To determine this, you need to reduce your house number to one digit. Do this by adding together each number, until it reduces to one digit. For example, house #129 ...  $1+2+9=12$ ;  $1+2=3$ . Thus, 129 reduces to the energy of a "3" house. Example 2: house #495:  $4+9+5=18$ ;  $1+8=9$ . House # 495 holds the energy of a "9" house.

You select your house and your house selects you! Here's a summary of the energy behind house numbers. To learn more, see [Sacred Space](#) by Denise Linn, Ballantine Wellspring, 1995.

**1** ... One homes are about independence and individuality. It's a useful vibration for new beginnings and self-development. One represents a home where people will follow their own instincts and learn from experience. A challenging aspect of a one home is that you might feel isolated or alone.

**2 ...** Two represents duality and the balance of yin and yang energies. It's a home where you'll be likely to put others before yourself. This is a good home for people living close together. You become energetically connected. You'll likely to desire peace, harmony, and diplomacy. It's easy to develop music, art, and psychic skills in a two home. The downside of a two home is that you may become overly sensitive.

**3 ...** Three is a Divine number. It represents the Trinity and Mind-Body-Spirit. The energy of three is about outward expression and expansion. This is a home that supports positive thinking. It's a great house for a fun and active social life. Three homes are conducive to warmth and love. Lots of parties are likely. In a three home be careful about expanding too rapidly or acquiring an enjoy now, pay later attitude.

**4 ...** Four represents security, discipline, work, service, organization, and productivity. A four home is one where you are likely to feel grounded, stable, and secure. You experience steady employment, work hard, and enjoy the fruits of your labor. You might also feel connected to the earth through gardening and a connection to nature. The challenge of living in a four home is that it may feel like all work and no play. Creating outlets for fun and pleasure will help to bring a better balance.

**5 ...** Five homes are highly active! They are centers of activity. The people living here are always on the go. There will be whirlwinds of movement, communication, meetings, change, gathering and sharing information, pleasure, and parties. If you're a journalist working from home, this is a good house for you. A challenge of living in a five home is learning to periodically slow down and to take more time before making important decisions.

**6 ...** Six is an excellent home to raise a family and to be of service to others. The energy of six homes centers around balance, harmony, compassion, social service, beauty, and the arts. Six homes are about nurture and caring. They are supportive homes for aspiring artists and caring counselors. Beautifying the home is important to those living here. This is also an exceptionally good home to develop close, loving relationships. A challenge in a six home is giving too much of yourself and also becoming too reclusive.

**7 ...** Seven is a spiritual and mystical number. Seven homes favor contemplation, retreat, divine inspiration, spiritual development, and self-development. This is an environment where you can find your path in life through intuition, inspiration, metaphysical studies. It's helpful if each person living here is on a similar contemplative path. A downside of living in a seven home can be that you find yourself isolated. This is not a good home to attract a new relationship or if worldly goods are important to you.

**8 ...** Eight holds the energy of material success, abundance in all areas of life, consciousness, leadership, and infinity. In this home, you can develop organizational and managerial skills, achieve power through discipline and hard work, be well respected, and receive public recognition. If you've lived too long in a seven home, this vibration

will fill the gaps. This home is about financial prosperity. A downside is learning to be wise with your finances.

9 ... Nine is about humanitarianism, selflessness, universal compassion, completion, and endings. In a nine home you are more apt to give freely to others because of how much you have gained in your own life. Your love for others expands and you live your truth. People are drawn to you for your compassion and wisdom. This is a good home to tie up loose ends. One downside in this home may be failing to see your individual needs due to your focus on the bigger picture.

**Master Numbers** hold special energy. If your house is one of the following numbers, it contains this energy in addition to that of the number to which it reduces (2, 4 and 6).

11 ... This is a favorable for developing intuition, clairvoyance, spiritual pursuits, and metaphysics. (Also see number two.)

22 ... A home of unlimited potential mastery in any area on spiritual, physical, emotional, and mental levels. (Also see number four.)

33 ... A home where all things are possible. (Also see number six.)

### **Placing House Numbers**

If you have multiple house numbers in your address (such as 129), avoid placing your numbers in a descending or downward direction. It is best to arrange the numbers horizontally or so that they rise to the right. This helps to attract positive energy to you and your house.

What is your house number and what vibration does it hold? Do the events that have occurred there hold true to the energy of the number? Let me know at [peg@fengshuiconnections.com](mailto:peg@fengshuiconnections.com).



*Prosperity Tip*

Whatever you  
resist, persists!  
Start a new story  
about it.



MONEY IS AN  
ENERGY GAME

[moneyisanenergygame.com](http://moneyisanenergygame.com)

### **Prosperity Tip of the Month: Tell Stories that lead you forward.**

“I’m working so hard!” Does this sound familiar? It’s a story that I personally carried and lived, well into my fifties. When became aware of the story I was telling myself, I changed it to “My work is easy and effortless.” And guess what? Things got easier for me! This can happen for you too.

When you commit to living in the Abundant Universe, you’ll soon realize that prosperity is much more than money. Prosperity is about living a healthy and happy life, doing favorite activities with people you enjoy, and coming up with easy work arounds for the



daily twists and turns that might come your way. Money is important because it's the primary form of exchange we use. It's not the primary driver of your prosperity though.

Do you know what is? It's YOUR ENERGY! The quality of your energy determines whether money flows to you or away from you. In [Money Is an Energy Game](#), Madeline Gerwick and I provide scientific research, along with many examples and stories. We also include over 100 tools and techniques to put into action. There's something for everyone in this book. Check it out at [moneyisanenergygame.com](http://moneyisanenergygame.com).

**If you've read the book, we'd love your Book Review! You can place it directly on Amazon for the e-version or send it to Peg and Madeline via email.** Go to: <https://www.amazon.com/dp/B082Q6S344> and scroll to the bottom of the page to leave your review or email it Peg at [peg@fengshuiconnections.com](mailto:peg@fengshuiconnections.com). Thank you! We really appreciate it.

## Affirmation # 237

"Nourishing my body and soul brings me joy. Joy leads me to increased prosperity."

## September Special ... Save 40% off a one-hour Feng Shui Tune-Up by Phone, Web or Email.

This is a great way to set your focus for the fall! Get some help with a problem area, refresh cures and enhancements that have been in place for a long time, focus on a specific intention or more. Your cost? \$108.00 instead of \$180.00. This doesn't happen often! Contact Peg to schedule at [peg@fengshuiconnections.com](mailto:peg@fengshuiconnections.com) to schedule.

## Home Feng and Business Shui Tip: Activate Wealth

In addition to being protective and reflective, glass represents Water energy in feng shui. Water energy also relates to wealth. Washing the glass on your mirrors and picture frames (and dusting the frames) lifts the chi in your home and workspace. Wash the glass on all of your mirrors and pictures to active wealth and prosperity. As you do so, set an intention for prosperity to flow your way.

## What's New ... How About 3D Printed Homes?

Are you familiar with 3D printing? It's being taken to a new level with the printing of tiny homes. Some of the benefits of this new technology include:

- Sustainable materials
- 90 % Less Construction Waste
- Water and Fire resistance
- Ultra-Energy Efficient
- Customizable
- Lower costs compared to traditional methods
- Speed ... construction can be completed in weeks instead of months

Many thanks to the [Good News Network](#) for bringing this to our attention.

[Mighty Buildings](#) in Oakland, CA is now providing "digital fabrication" for home builders. This gives "prefab homes" new meaning. They are completing homes with walls, floors, and ceilings in 24 hours. The material used, thermostat composite, is durable, energy efficient and low maintenance.

The prices begin as low as \$115,000 for a one bedroom, one bath 350 square foot home to \$159,000 and \$169,000 for one and two-bedroom homes in the 700 square foot range. Kits for a roughly 1,200 square foot two-bedroom, two bath house go for \$250,000 and increase to \$285,000 for a three-bedroom, two bath, 1,440 square foot home. The prices are much lower than new construction using traditional methods.

[ICON](#), a Texas company, is helping to [solve chronic homelessness](#) by building dignified, low-cost 3D homes in Austin, Texas and Mexico. This is an exciting solution to a long-standing problem.

A company in Belgium recently completed a proof of concept, 980 square foot, two-story 3D printed home. The 3D printing company printed the shell. The additional onsite work took three weeks for the roof, floors, windows, doors, plumbing and electric, by construction workers. Underfloor heating and solar panels were added later.

3D home printing is not limited to tiny homes. A company in Dubai, completed a 6,900 square foot home, primarily using locally sourced materials, with two weeks of construction.

Although some of the initial designs were a bit drab and others a bit futuristic, more pleasing, and aesthetic designs are emerging. The technology is quickly developing. As it does, you might also envision the 3D printing of new affordable living communities and retirement communities as well as new furniture and home furnishings.

An excellent application for tiny 3D homes could be onsite office space, to accommodate the changing world of work. Another application could be for a guest cottage or onsite help for childcare, teaching, or health care, if you have the space.

3D printing is showing us that if you imagine it, it's here! The future is now.

([https://www.goodnewsnetwork.org/stylish-tiny-homes-are-now-being-3d-printed-in-24-hours/?utm\\_campaign=newsletters&utm\\_medium=weekly\\_mailout&utm\\_source=19-08-2020](https://www.goodnewsnetwork.org/stylish-tiny-homes-are-now-being-3d-printed-in-24-hours/?utm_campaign=newsletters&utm_medium=weekly_mailout&utm_source=19-08-2020))

## Client Testimonials

I love hearing from you! One of my clients wrote to me this month about how an [Emotional Freedom & Healing session](#) we did five years ago helped her overcome fear about an upcoming surgery. Another wrote to me about feng shui and coaching.

*You helped me overcome fear and family issues. You were SO helpful while working with me way back in 2015 to overcome my fear of spinal surgery. Not only did you succeed in that, but you also helped to overcome some family issues that I didn't even know were there! You rock!!!*  
... BH, NYC, USA

Another wrote to me about feng shui, coaching and energy clearings.

*"I've had the pleasure of knowing Peg personally and professionally, for many years. What stands out about her is that she really listens, and cares. I always receive very positive energy after speaking with Peg about her feng shui techniques and hearing about how she helped others with her coaching skills as well through the entire process.*

*When I first met Peg, I was fascinated. I was ready to see how it could impact my stagnant life. She came to my house with all the new updates, also consultations over the phone. Peg is extremely professional; she listened to all my concerns & dilemmas. Within a couple of days of making the bagua adjustments for my house and setting my intentions (that were well planned out), I started seeing results.*

*Working with energy myself as a Professional Psychic Medium and Energy worker, it's important not only for myself, but my home and family energy must be balanced. Peg's patience and understanding, with her knowledge of feng shui and coaching goes beyond what you think is possible. Your body, brain, and home need adjustments regularly. I highly recommend her in your personnel and professional life.*

*I use Peg every season, for personal goals, professional goals and creating balance with positivity. I truly cannot give a higher recommendation to anyone else, whether you are trying to manifest and shift energy, move into a new home or office, or just feel comfortable with excitement for the future with results. She is truly amazing and is also a co-author of [Money Is an Energy Game](#), which won a 2020 Gold COVR Award (Coalition of Visionary Resources).*

*I'm really excited! I want to thank you for all your help. I believe the feng shui practice and blessings you did for me have started to take effect. I'm so excited about what else will come my way in the future! Thanks again, Peg. I genuinely appreciate your talent and good heart!*

*It is with gratitude that I thank Peg for taking care of me and for being my feng shui consultant, friend, coach, and expert. I recommend Peg's services wholeheartedly!"*  
Spiritual Psychic Medium, Lana Louise <https://www.lanalouisedesigns.com/>

## Focused Life Force Energy ... Supports Your Immune System

( <https://tm179.isrefer.com/go/aboutus/PegDonahue/>)



As we move into fall with the virus still active and the annual flu season approaching, [Focused Life Force Energy](#) (FLFE) can help you to boost your immune system and those living in your space, or in close proximity to you. At minimum, it's an antidote to everyday stress and fear, which deplete your energy and therefore your immune system.

FLFE is a service that activates a high consciousness field in your environment (for the property option) or around an object of your choice, such as your cell phone or watch (for the FLFE Everywhere option). A high consciousness field is an environment that has a substantially higher level of consciousness compared to the surrounding area. It's based on David

More life force energy or chi is available when you're in a high consciousness field. In and of itself, this helps to boost your immune system. In addition, the FLFE service helps to optimize nutrients in your food and supplements, enabling your body to effectively digest and absorb them.

The energetic support from FLFE goes to the areas of the immune system that need support, beginning with the lowest functioning area. Once this area rises in the level of consciousness, the energetic support from FLFE is directed to the next lowest area of the immune system. Thus, FLFE directs a higher level of consciousness to the innate intelligence of your body.

FLFE makes no medical claims. The basis of its boost in energy is kinesiology. This is also the basis of David Hawkins' Map of Consciousness, that he describes in his book [Power vs. Force](#). Hawkins' Map of Consciousness is also referenced in my book, [Money Is an Energy Game](#).

Regardless of whether or not you subscribe to FLFE, and making no medical claims, here are some steps that I keep coming across to help you boost your immune system:

- Consume less sugar and fewer carbs
- Exercise daily
- Listen to soothing, classical, or spiritual music
- Take some magnesium before bed
- Get 3 hours with no white light before sleep (get some blue light blocking glasses)
- Get high quality sleep every night

The folks at FLFE provide a lot of education and information about their products and processes. Watch the first 38 minutes of this [FLFE webinar](#) about its Immune Boosting System to learn more. If you'd like to explore [other FLFE webinars](#), they produce a new one two to three times a month. (<https://bit.ly/3aNGxMW>)

If you're a FLFE subscriber, I'd love to hear about what you've noticed. If you're not, **give FLFE a try for FREE for 15 days**. The free trials are so easy and there's no commitment. You can do a free trial for each service and then decide if you'd like to continue. Explore their website to learn more about FLFE's [full array of services](#). (<https://bit.ly/3bPBwCA>)



<https://tm179.infusion-links.com/api/v1/click/4600973808631808/6601002413195264>

**Contact Peg to schedule or for more information.**

### Services

- Life Coaching
- I Ching Readings
- Feng Shui Consultations
- Office Feng Shui Consultations
- Business Feng Shui Consultations
- Space Clearings and Personal Clearings
- Personal Empowerment Coaching Sessions
- Emotional Freedom & Healing Release sessions

**A Presentation, Workshop, or Class**

Peg works onsite as well as remotely via email, web, phone, Facetime, Skype, WhatsApp or Zoom. EF&H and coaching sessions are generally via telephone. Consultations are tailored to your needs.

*Thank you for reading! Please pass along to anyone who might like to read this as well.*