

October 2020 Newsletter

Hello,

We begin and end October with a full moon this year! The October 1st full moon brings the energy of overall well-being into focus. The theme of the October 31, Halloween full moon, is a spotlight on Relationships and Partnerships.

As challenging as 2020 has been so far, I'm hearing that things are going to get much more intense before they improve (and improve they will!). So, hold on for the next few months. We'll get through this cycle and emerge as an even stronger and more compassionate society. It might be a bit ugly getting there, however.

Fall is a season to turn inward. The shorter days and longer nights are a time to create a comfortable and cozy indoor environment and to do your inner personal development work as well. The pandemic is providing us extended time to do this.

As you move inside though, be sure to continue to spend time out in nature every day. A connection with nature is good for your soul. This month, the foliage will provide ample opportunity to soak up the nature's beauty. I encourage you to take advantage of it.

Enjoy October!

Peg

October Feng Shui Forecast:

October 1: Full Moon

October 13: Mercury Retrograde through November 3

October 16: New Moon

October 31: Full Moon

September Recap: Focus on Overall Well-Being

The **September 17th new moon in Virgo** correlated with the **Center of your space**. The energy of this area is all about your health and well-being. The quality of the energy in the Center permeates throughout your entire house (or related room, workspace, etc.), so it's in your best interest to keep the center of your space in top-notch condition.

This new moon paved the way for the October 1st full moon. If you adjusted the Center of your space in mid-September and set intentions, October 1st is an ideal day to tune in and reflect on what is coming to light or what has shifted. You might feel uplifted or have more energy, perhaps a solution to a problem came to you, or maybe you're feeling more grounded or more at ease.

Click here if you'd like to review the September recommendations:
<https://fengshuiconnections.com/september-2020-newsletter/>

October 16 New Moon: Bring Balance to Partnerships

The **October 16th new moon in Libra** correlates with the **Relationship and Partnership gua**, the back right corner of your home, every room in your home and your land. Relationships and partnerships provide a good opportunity for you to do some self-reflection and deep inner work. If the relationships in your life are not going the way you'd like or they're not supporting your dreams or intentions, reflect on ways that you contribute to the situation and make a commitment to change. Making a few adjustments in your house can help support your efforts. Enhance these areas prior to October 16th.

Keep in mind that your energy is always being reflected back to you as you interact with others. If something annoys you about a partner or spouse, look within yourself and explore what it's all about. On the outer level, you can adjust your space to support your efforts to strengthen a relationship with or attract a partner.

The Relationship and Partnership gua works in unison with the Knowledge gua, which is diagonally opposite in the front-left corner of your space. The two go hand in hand. Having a good relationship with yourself, helps you to have a worthwhile partnership with someone else.

A deeper aspect of the Relationship and Partnership gua is that this area also represents mother and Mother Earth. Thus, your relationship with you mom (and your mother-in-law, if applicable) can help or hinder your relationship with a spouse or partner. Good and great relationships with your mother facilitate supportive relationships with others. If your relationship with mom is (or was) rocky, this could be reflected in your space via energetic blocks. A block might manifest as clutter, something broken or in disarray, problems with electric or plumbing, broken windows, pictures or art with troubling patterns, and more.

Clean Your Relationship and Partnership Area Before Enhancing It

I highly recommend that you clean any area before you intentionally adjust or enhance it. Otherwise, you could be enhancing low energy and giving more power to the opposite of what you want.

To clear stagnant energy from your Relationship and Partnership gua:

1. Clear away any trash, clutter, and or items that have been sitting idle for a while.
2. Wash the windows and glass on picture frames.
3. Dust and vacuum along the edges and deep into the corners, high and low.
4. Vacuum upholstery.
5. Wash slipcovers.
6. Clean and reorganize contents of drawers, closets, and cupboards.
7. Dust and wash your lamps and lights. Replace burnt out lightbulbs.
8. Trim and refresh plants. Remove dried flowers or dead plants.
9. Clear excess from tabletops.

After cleaning the area, you'll be ready to adjust and rebalance the chi.

The Relationship and Partnership Gua: Earth Energy

Similar to the Center of your space, and the Knowledge and Wisdom gua, the Relationship and Partnership gua is an Earth area. It's strengthened by Fire energy and weakened by Metal, Water and Wood energies. Thus, focus on Earth and Fire elements if you'd like to activate this area of your life while minimizing Metal, Water and Wood aspects.

Earth is a unifying element. When in balance, Earth is supportive, nurturing and comforting. It's reassuring. Think "Mother Earth" and the bounty we gather in the fall. You can use your home to provide a solid foundation in your life, providing stability in this chaotic world and a feeling of being grounded every day.

Key Earth qualities include:

- Nurture
- Comfort
- Stability
- Support
- Feeling grounded
- Having a solid foundation
- Unification

Too much Earth can bring smothering and suffocation. Too little Earth is a dry or parched energy. When Earth is deficient, you might have concerns about survival or feel that you lack a support system. You might also be emotionally and spiritually closed or cutoff. Many people could be feeling this way after being isolated for the past six months due to the Coronavirus.

In addition, we're experiencing severe drought conditions in New England. We're about nine inches short of rain year to date. The earth is parched, plants and trees are stressed, and wells are going dry. We need water to bring the Earth and land into balance. A water feature, a mirror or a reflective surface or object can bring water energy to a deficient space.

When Earth energies are in excess, you might experience or display muddled thinking, have constant worry, or feel stifled or smothered. You or others in your space might be overprotective, feeling that you can never do enough to please others.

Too much or too little of any element is never helpful. Earth prefers balance and harmony over conflict.

Earth qualities are accentuated in autumn, our harvest season. Earth is represented by the fall color palette (and yellow, in particular), earthy items such as brick, pottery and earthenware, seashells and square shapes. Furniture and items that hug the earth or lay close to the ground are earthy in nature. Large, oversized sofas and chairs possess earth attributes.

Fire Creates the Setting for New Growth

The massive wildfires in the western USA have been out of control for months. When Fire burns, it creates ash or earth. The big parcels of land devastated by fire this year, will experience new growth next year. Although highly traumatic, the same goes for people who are losing their homes and possessions. They are being forced to begin anew. If you'd like to "fire-up" your Relationship area, add something red or pink, bring in some triangle shapes, add pictures of people or animals, add some lights or candles. Pairing up an item is also a good way to strengthen partnership.

Use the Metal Element to Deplete Excess Earth

As Earth hardens, Metal is formed deep below the surface. This is where iron ore and crystals are formed. Thus, Metal consumes the energy of the Earth and depletes or wears it down. If a partnership is problematic or your Relationship gua feels bogged down or stuck, look to see if you have a lot of Metal items or attributes in it. Metal is represented by white and light pastel colors, circular and oval shapes, all types of metal (gold, silver, brass, aluminum, etc.), crystals and gemstones, large rocks, and stones. If this is the case, add items with Fire and Earth qualities to replace or rebalance items with metal attributes.

Finetune Imbalances of Wood and Water

In excess, Wood and Water energy imbalance the Earth. Look for tree roots that burst through the surface of the Earth to better understand how Wood can penetrate Earth and thereby wear it down. Excess Water, on the other hand, creates mud as it mixes with Earth. The devastation caused by the hurricanes in the south is an example of the

destruction Water can bring. Used effectively, both Wood and Water can help reduce sluggishness and get things moving quickly. They should be managed, however.

Tips to Rebalance the Relationship and Partnership Gua

1. Remove groups of three: photos, plants, decorations, animals, etc.
2. Add heart energy! Heart shapes, heart mementoes, heart-filled affirmations.
3. Place a flattering photo, taken during a happy time, that represents marriage or partnership in the back-right corner of a room or your home, office, or desk.
4. Create pairs: a happy couple, a pair of birds, two gorgeous flowers.
5. Integrate some red, pink, or yellow with intention.
6. Add a vase of beautiful, fresh flowers in the autumn palette.
7. Ground a space that feels disconnected by placing a heavy item in each corner.
8. Fill up a large space with oversized furniture that hugs the ground.
9. Place two beautiful pieces of rose quartz or a rose quartz heart.
10. Add pottery, earthenware, shells, or natural items.

Give Attention to the October 16th New Moon

New moons are a time to set or seed new intentions and ideas. Work with your Partnership gua prior to October 16th, by cleaning and activating it. Then, take time on Friday, October 16th to set an intention for yourself related to marriage or partnership. Write it down on a piece of paper or in a journal. Sit quiet for a few moments and do a meditation. Visualize the end result and give thanks that it's happening. Turn your intentions over to God, Spirit, or the Universe. A technique you might like is to visualize placing your intention in a balloon and then send the balloon off into the atmosphere, taking your intention to the heavens.

Tune in to the Full Moon on October 31, Halloween

Two weeks later, the full moon is when things come to light. Use this time to notice what's happening and what has shifted since you set your intentions. Look for subtle signs that your intentions have taken root.

I'd be delighted if you share some of the changes you make and what you notice as a result. Send your update to me at peg@fengshuiconnections.com.

Mercury Retrograde October 13 thorough November 3

Mercury retrograde is here again, October 13 through November 3th. It rolls around every three months. It's a chance to catch up, renew and restore. This period could be a rough one, so be prepared. Mercury is the planet that rules communciations. When

Mercury goes retrograde, communications get mixed up, delays occur, accidents happen, things go awry and tension mounts.

Knowing this in advance, you can plan ahead. Fix your car in advance and back up your computer. Build extra time into your schedule, anticipate delays, avoid signing contracts or purchasing major electronics. When problems happen, go easy on yourself and other people. Cut them some slack and be compassionate. We're in unprecedented times and we're all in this together.

"Re" activities are perfect for Mercury retrograde cycles. Think of any word that begins with "re" and chances are it's a good time to do it. This year, in particular, since Mars is also retrograde, it's a great time to research your options for the next two years and prepare a written plan. Your plan should include the "what, how, where, when and who" of what you'd like to do or accomplish. You can also take a Five Element approach to this ... see my blog post "Mars Retrograde: Apply the Five Elements to Your Strategic Plan" for more information.

For the upcoming Mercury retrograde period, you might:

- Read something enjoyable or interesting
- Renew library books
- Relax, refresh and restore your energy
- Research and reconsider your options for the next two years
- Reassess how you spend your time

Fall is a great time to do some home maintenance. You might:

- Repaint your front door or a room
- Repair something or take care of a pesky annoyance
- Renovate an area you've been considering
- Repurpose one or more items
- Recreate a space for each person in your home

Your outdoor area may also benefit from pre-winter prep. It's a good month to:

- Repot plants
- Remove garden debris
- Repair gates, fences, walls
- Reseal a driveway

I've come to love Mercury retrograde cycles. They provide the opportunity to slow down and catch up. What are some ways you can put this period to the best use for yourself?

For more ideas, [read a previous Mercury Retrograde blog post](#) from May 2020.

Mars Retrograde: Apply the Five Elements to Your Strategic Plan

Mars is the hard driving planet that represents energy, action, physical vitality, and drive. It symbolizes male energy, freedom, action and war. Venus, the planet of love and feminine energy is Mars' counterpart.

Every two years Mars goes retrograde for ten to twelve weeks. This is the time to step back and write a strategic plan for yourself and your business (if you have one). It's a favorable time for research and considering your options. It's not the time to begin new projects.

Mars went retrograde on September 9th. You're in tune if you've been wondering where you should be headed. Between now and November 13th, after which Mars goes direct, give some thought to your direction for 2021-2022. Reflect on what motivates you and makes you happiest. Write your plan and begin to implement it by New Year's.

Mars represents Fire energy. Fire provides the drive and the seeds for transformation. Anger is common during Mars retrograde, as we're seeing daily in the public arena. If you're feeling angry, step back and reflect on the root cause. Do a meditation to reduce your anxiety and calm yourself. New solutions might come to you as you do.

Depending on your intentions, a Five Element reflection may help you better understand how you're feeling and how to approach your two-year plan. Consider the following Five Element archetypes. With which one do you identify?

Wood: The Pioneer

Wood energy drives growth and initiative. It's about movement and expansion. Think of trees and plants bursting forth in spring or how a caterpillar morphs into a butterfly. The Pioneer is driven by purpose. Visualize taking the initiative as you break new ground to move your ideas forward and put your plans into action. The Pioneer emphasizes goals and might ask: *"What am I going to do for the next two years and how will I do it?"*

Fire: The Wizard

Fire energy is transformative. Daily we watch how the western wildfires are turning vast acreage into wasteland, soon to be transformed in new ways. The power of fusion enables Fire to change things. The Wizard, charismatic, compassionate, and intuitive, expands dimension. The Wizard might ask: *"What is my scope for the next two years, how broad is it, and how do I contain it?"*

Earth: The Peacemaker

Earth energy soothes, connects and unifies. Earth seeks moderation and harmony. With an eye on community, Earth is driven by service and loyalty. Earth negotiates for the

best outcome for all involved. The Peacemaker, focused on stability and orientation, might ask: *“What is my role and how can I best serve over the next two years?”*

Metal: The Alchemist

Metal energy contracts and transmutes. Metal seeks order and organization. With a focus on purity and mastery, Metal cuts right to the heart of the matter. With a sense of righteousness, as Metal takes shape, it might set boundaries and declare *“What I am and what I am not willing to do for the next two years.”*

Water: The Philosopher

Water energy is reflective and contemplative. Water runs deep, delves into mystery and reveals the truth. It is durable, imaginative, knowledgeable, and honest. Reflecting on origins (the past) and destiny (the future), Water might ask: *“Where am I headed for the next two years?”*

Do you identify with any particular elemental style? If so, you might prepare your strategic plan from that particular focus. You can still include “who, what, when, where and how.” Just do it from the perspective of the particular elemental archetype.

If you’d like to brainstorm and further explore this approach, contact [Peg](#). Mars Retrograde Five Element consultations begin at \$75.00 per half hour (a savings of \$15).

Immerse Yourself in the Hidden Harmonies of Nature ...

Lately I’ve been getting out and hiking Monday through Friday for one to two (sometimes more) hours with one to four other participants. I used to walk alone, and then a friend joined me in March when I stopped going to the gym. One friend grew to two, then three and sometimes more. We’ve been exploring various trails and changing our routine from time to time. Spending time in nature daily is a fun phenomenon in this time of social distancing.

Spending time outdoors is a fabulous antidote to today’s topsy turvy world. Recently I listened to [Barbara Marciniac](#) emphasizing the value of immersing yourself in the hidden harmonies of nature. The same day the Good News Network featured a Scientific American story about the [Fibonacci sequence in sunflowers](#).

There are no coincidences, just lots of synchronicity. To reinforce your health and well-being, I encourage you to spend time in nature every day. Study your surroundings. Notice what’s there and then take some time to observe more and more things. Pick up an acorn or pine cone. Study the pattern in a sunflower. Watch the foliage emerge. Listen to the birds. Observe the patterns of critters ... chipmunks, squirrels, toads, bugs. One of the gifts of the pandemic is that we have time to do this. On a 6 mile hike

through woods today my walking companions and I came across a very cool geode, heard an owl off in the distance, saw gorgeous foliage and noticed a snake just as we were approaching out cars. Nature is full of many delights.

In buildings, observe the [Golden Mean](#) (Golden Ratio), the proportions that make a space aesthetically pleasing. These are spaces where you feel better, where you want to spend more time. The golden ratio also appears in [fractals](#), patterns that keep repeating themselves.

We're entering the intuitive age. This is a time for you to master your internal self. As we move into fall, it's the perfect season. Everything is slowing down and moving inside. The tech world is contributing to an overload of our human nervous system. Practice reducing your reliance on technology and reduce your time with devices. Periodically, let go of the tech world and move into the intuitive world. Doing so will help you to develop your consciousness. As you tune into your inner self, you'll help to heal yourself and heal the Earth.

Observing the hidden harmonies in nature will also help you to keep your intentions positive and clear. Doing so puts you on the path of goodness. As you stay clear, stay grounded. A helpful practice is to envision a grounding cord extending from your tailbone, deep into the center of the Earth. Visualize attaching it to a large crystal. This will help you to stay tethered. You can move all around and always return to center.

If you'd like some products and tools to help you with personal growth, check out Vibranz's [laser tools and related products](#), as well as Maureen St. Germain's [programs, books and meditations](#). I've been working with the Vibranz products for several months and I've been reading Maureens' books and participating in her programs and meditations for many years.

https://www.goodnewsnetwork.org/scientific-american-175th-birthday-explain-fibonacci-sequence-in-sunflowers/?utm_campaign=newsletters&utm_medium=weekly_mailout&utm_source=03-09-2020

Prosperity Tip

When you release things you no longer need, be it possessions, beliefs, fears, old thought patterns, jobs you hate doing, or relationships that don't work, you suddenly get a lot more energy.



MONEY IS AN
ENERGY GAME

moneyisanenergygame.com

Prosperity Tip of the Month: Release clutter to raise your energy

Clutter is anything that you don't use or no longer love. We all have clutter to some degree. In addition to physical possessions, mind chatter, nonbeneficial beliefs, old stories that bog you down, repetitive negative thought patterns and fears, are forms of clutter that slow you down. Releasing such things is freeing. You instantly feel better! We talk about such patterns in Money Is an Energy Game and also provide tools and techniques to help you shift.

A friend recently pointed out that this is a book to read slowly, to absorb the information. It's true. It's not meant to be read like a novel. It's the type of book that's meant to be a resource that you turn to over and over. I know I do.

If you've read the book, we'd love your review! You can place it directly on Amazon or send it to Peg and Madeline via email. Go to:

<https://www.amazon.com/dp/B082Q6S344> and scroll to the bottom of the page to leave your review or email it Peg at peg@fengshuiconnections.com. Thank you! We really appreciate it.

Affirmation # 271

"Today I fully connect with my heart and see the many ways prosperity flows to me."

Oct ...Save 20% on Personal Clearings ... \$144 instead of \$180.

Similar to everything in your house contributing to the energy of your home, everything that happens in your life becomes a part of you. Your life story gets encoded in your cells and you hold the patterns in your subconscious.

You don't know what or why something is happening because you're not aware or conscious of it. Blockages hinder forward movement and they show up in many ways: as negative thoughts and feelings, anger, fear, shame, blame, lack of trust, anxiety, sadness, grief and more. You might feel stymied by hurdle after hurdle. Or situations just don't feel good or you lack energy and joy.

A Personal Clearing is a great way to clear nonbeneficial or stuck patterns from your body and reset your focus for the fall! The process is done remotely while you rest. It's gentle, easy and can have remarkable results. Your issues may cease being problematic, you may change your perspective, you may consciously decide to change your story, people may respond to you differently, etc. It doesn't really matter how the shift occurs. What matters is that things change for you, that the shift just happens.

Here's what one client has to say two days and then two weeks after a Personal Clearing:

"I felt compelled to write this email about the changes I'm seeing already. ... I'm optimistic. It has only been a day. ... I am seeing changes within my inner world. I feel more calm and in control. I am able to make decisions and I'm feeling that my mental clarity is improving as well. I do feel lighter and as though I'm not dealing with extra

baggage. The changes are surprising me to the point that I have noticed my facial expression changing as well, making me look more radiant and content. In order to keep seeing positive changes I also am changing my diet to a more healthier one and drinking more water. I will keep you updated on what other changes are coming my way. I'm considering another clearing in a few months' time. Thank you again."

Two weeks later...

"I felt compelled to email you about my changes I am still seeing. I am continuously feeling more amazing each day. The aspects of my life which were a blur before are now clear for me to see. I have found some type of inner peace. I don't know if it's the clearing or a placebo, but I am feeling these changes within. ... Wow! I am still in awe."

GB, Australia

Your cost? \$144.00 instead of \$180.00 for the month of October. Contact Peg to schedule at peg@fengshuiconnections.com to schedule.

Home Feng and Business Shui Tip: Refresh Your Front Door

The change of season is a great time to fresh your front door and the entrance to your business. Your front door is the main mouth of chi. Clear away any remaining signs of summer and bring in new chi for the fall. Sweep the area, brush away cobwebs, wash the windows, vacuum the screens. Replace light bulbs too. They seem to have a habit of burning out shortly after it turns cold and dark. If your light bulbs are hard to reach, change them while the weather is still favorable. Fresh potted mums, pumpkins and gourds add some nice color and vibrancy at this time of year.

Homes of Interest...

Several interesting stories about houses and living arrangements came to me over the past month. They might interest you too.

Seven Friends Build a Communal Retirement Home in China

This [story](#) is about seven women in China who met at work 20 years ago and became friends. In 2008 they began dreaming about creating a communal retirement home for their later years. In 2018, they found the perfect site: a dilapidated, abandoned building in the suburbs of Guangzhou, China, surrounded by beautiful rice fields and a picturesque countryside.

The women purchased the property and transformed the empty building shell into a beautiful, contemporary, 7,535 square foot home. In total, they invested \$480,000 (four million yen). The ground floor is communal space. The second and third floors are

private bedrooms and family space. The top floor is a glass-sided addition for breathtaking views of the countryside.

The ground floor has a huge, modern kitchen, enabling many people to cook together simultaneously. It overlooks the rice paddies. A glass-walled tearoom extends from the front of the house, above the landscape. It provides a wonderful, Zen-like escape space and has plenty of room for the friends to enjoy tea together.

Each of the friends has her own private family space for bedrooms and spaces for relaxation and private entertainment. The friends had fun sourcing the furniture and décor from various locations, including India and Morocco. They took a minimalist approach throughout the house. It looks inviting and comfortable. The house has a lot of light and many high end, modern conveniences.

In addition to the indoor tea room, they also have an outdoor tea pavilion. They built a bridge over paddy fields to get there. The entire setting is idyllic. Rolling green fields and hills surround the house.

Currently, the girlfriends are in their 30's and their ages span about ten years. Until they retire, they are living with their respective families and raising their children. The families spend holidays together, which is a great test of the communal living and multigenerational arrangement.

By the time they retire, the house may need some modifications and renovations, given their young ages. They are off to a great start though and they have many years of enjoyment ahead of themselves.

<https://www.msn.com/en-us/money/realestate/these-7-friends-built-a-home-so-they-could-grow-old-together/ss-BB18wrKP?li=BBnb7Kz&ocid=UP21DHP#image=1>

A Renovated Missouri Hotel provides Low-Income Housing

There's a housing shortage in the USA, particularly for low-income individuals and families. In Branson, Missouri, a vacant Days Inn has been given a new lease on life as studio and one bedroom apartments for people who fall through the cracks ... people who are not poor enough to get subsidized housing, yet don't have enough income to afford reasonable housing at market rates.

A Los Angeles-based construction company is leading the charge through its mission of turning failing commercial sites into affordable housing.

The [Days Inn project](#) is known as Plato's Cave. The refurbished and enlarged units include utilities and have many amenities and worthwhile common space that include air conditioning, smart TVs, a gym and basketball court, and laundry facilities.

The company is currently managing ten projects, totaling 2,000 units, without any federal subsidies for low income housing. They intend to expand to 20,000 units in the coming years.

This is a company with a noble mission. They are a force for good!

https://www.goodnewsnetwork.org/old-hotels-turned-into-low-income-housing-missouri/?utm_campaign=newsletters&utm_medium=weekly_mailout&utm_source=10-09-2020

The Controversy of a Climate-Resistant Vermont Home

Many thanks to my friend, Mary Roberts, for sending this story along.

Recently, a Boston resident had a "[climate resistant](#)" [vacation home](#) designed and built by ArroDesign, a Vermont firm. What makes a home climate resistant? In this case, the strength of building materials, expected longevity, passive solar and thermal qualities, make it an attractive place to live. This home holds the heat in the winter and is naturally cool in the summer. It also boasts a green roof. The home is beautiful, it includes many natural elements, and has a clean look and feel. A controversy is that the home is made from poured concrete vs. wood.

Poured concrete is not environmentally friendly; its manufacturing process contributes 8% of the world's carbon dioxide emissions. In Vermont, a state known for its environmentally conscious approach to living, this is a dilemma. Poured concrete is a strong material that can last hundreds of years. Alternatively, the homeowners won't be experiencing the common wear and tear of wood framed homes or contributing to the waste that's created when homes are renovated.

The poured concrete industry is exploring manufacturing processes that will reduce its carbon footprint and do less damage to the environment. One problem is the new processes, involving polymers, are more than three times more expensive than traditional poured concrete manufacturing.

From a feng shui perspective, poured concrete enables some fun and innovative designs to be created. Curved walls are easy when using poured concrete, unlike the straight walls and square corners in wood-framed designs.

Take a look and see what you think. Do the benefits of a climate-resistant home outweigh the drawbacks?

<http://realestate.boston.com/new-developments/2020/09/02/poured-concrete-home-vermont/>

Focused Life Force Energy ... Harmonize EMFs

(<https://tm179.isrefer.com/go/flfemain/PegDonahue/>)



Focused Life Force Energy (FLFE) “creates a positive energetic environment that supports the consciousness of your space and gives you more energy to improve the quality of your life.” Given the current state of things, this service is needed more and more.

FLFE recently announced two new service upgrades: enhanced brain optimization for the blood brain barrier and enhanced EMF support, particularly for EMF sensitive people. I recommend that you check them out. I first learned about the harmful effects of EMFs on the blood brain barrier (inflammation) when I was learning about EMFs over 15 years ago. At the time I was told it would take at least 20 years for this to be a mainstream issue. We’re there. The problem has increased significantly since then.

FLFE provides various subscription options. You can subscribe to the Home program, the FLFE Everywhere program (which for most people is on your cell phone), or the EMF Smarter program. For the past two years, I’ve subscribed to the Home and FLFE Everywhere programs.

I love having the FLFE service for my home and land and I’m comforted by the ability to carry it with me everywhere. I no longer worry about the effects of EMFs from our many electronic products or my cell phone. I know that the harmful fields are mitigated. A key benefit of the FLFE Home program is that it’s always clearing your land and raising the chi. It’s provides an ongoing clearing process. This helps me with my work as well.

If you’re on a budget, the EMF Smarter program provides many of the key benefits for a very affordable monthly fee. It harmonizes EMFs (including 5G), you get enhanced immune support, brain optimization, and energized food and GI tract support. FLFE makes no medical claims. They measure the boost in energy via kinesiology. This is also the basis of David Hawkins’ Map of Consciousness, that he describes in his book

[Power vs. Force](#). Hawkins' Map of Consciousness is also referenced in my book, [Money Is an Energy Game](#).

If you're a FLFE subscriber and you're not aware of the recent upgrades, check out the [webinars](#). The September 23, 2020 webinar also includes a nice meditation. If you're not a subscriber and you're curious about the service, you can also watch the webinars and do a [15-day Free Trial](#). You can do a free trial for each service and then decide if you'd like to continue.

Explore the FLFE website to learn more about FLFE's [full array of services](#). (<https://bit.ly/3bPBwCA>)



<https://tm179.isrefer.com/go/ffemain/PegDonahue/>

Contact Peg to schedule or for more information.

[Recommended Products ...](#)

Services

- **Life Coaching**
- **I Ching Readings**
- **Feng Shui Consultations**
- **Office Feng Shui Consultations**
- **Business Feng Shui Consultations**
- **Space Clearings and Personal Clearings**
- **Personal Empowerment Coaching Sessions**
- **Emotional Freedom & Healing Release sessions**

A Presentation, Workshop, or Class

Peg works onsite as well as remotely via email, web, phone, Facetime, Skype, WhatsApp or Zoom. EF&H and coaching sessions are generally via telephone. Consultations are tailored to your needs.

Thank you for reading! Please pass along to anyone who might like to read this as well.