

## February 2021 Newsletter ...

Hello,

2021 is the year of the Metal Ox. February 4<sup>th</sup> (solar new year) is the annual date to adjust the feng shui of your house. Chinese (lunar) New Year is February 12<sup>th</sup>. See the related article in this newsletter for more information.

There's a lot going on in February. Since Mercury will also be retrograde for most of the month, take care to lighten your schedule and invest in yourself. It's a great month to do some self-pampering.

If you like to travel and explore new places, check out this story about [The 'Posh Portals' of New York City](#). Your main entrance heavily influences the feng shui of the space. It's the main mouth of chi. This NYT story highlights a new book that provides a variety of glimpses into grand entrances to many New York City apartment houses. Perhaps you're familiar with some of these buildings?

Lately, our sunrises have been gorgeous. I'm loving them, along with the longer days. Natural beauty provides an instant chi lift and inspiration!

Enjoy February.

Peg

### February Feng Shui Forecast:

**January 30<sup>th</sup> – February 20<sup>th</sup>: Mercury Retrograde**

**February 4<sup>th</sup>: Chinese Solar New Year of the Metal Ox**

**February 11<sup>th</sup> New Moon in Aquarius**

**February 12<sup>th</sup>: Chinese Lunar New Year**

**February 14<sup>th</sup>: Valentine's Day**

**February 27<sup>th</sup> Full Moon**

### January Recap: Time for a Personal Reset

January was a month for a personal reset. It was a month with supportive energy for long term planning and adding structure to your dreams and goals. Did you spend some time doing self-reflection and following through? The Fame gua, the back-center of your home and workspace, is the area that correlated with January's new moon in Capricorn. Fame is a Fire gua. Depending on each particular space, some Fame areas benefit from firing up the space, while others need to be rebalanced.

You can refer back to my January blog posts and newsletter at any time for tips about the Fame gua, as well as suggestions and links to help you with a personal plan for the year. We begin February riding the coattails of the January 27<sup>th</sup> full moon. Look for signs that your intentions have taken root and that what you want is beginning to take shape.

Click here if you'd like to review the January recommendations:

<https://fengshuiconnections.com/january-2021-newsletter/>

February begins with Mercury retrograde. Mercury retrograde cycle are excellent times to pause, rest, and redo things. See the Mercury Retrograde blogpost for additional insights. (Insert link for Mercury retrograde blog post).

### **February 4<sup>th</sup>: Chinese Solar New Year**

The Chinese Solar year runs from February 4, 2021 – February 3, 2022. 2021 is the year of the Yin Metal Ox. February 4<sup>th</sup> is the day to place your cures and adjustments for the year. Lunar New Year, the day of parades and celebrations, is Friday, February 12<sup>th</sup>. If you practice Feng Shui's Flying Star system, these are important dates. Chinese New Year represents the beginning of spring. It's a time to clear out old, stagnant energy, and get a fresh start. Part of getting a fresh start involves making some annual adjustments to your house based on compass directions or sectors.

Read more about the influences and related adjustments for 2021 here. (Insert link for blog post about the Year of the Ox.) Contact [Peg](#) if you'd like your home analyzed according to this system.

### **February 11<sup>th</sup> New Moon in Aquarius: Helpful People and Travel**

The new moon in Aquarius on February 11<sup>th</sup> aligns with the **Helpful People and Travel gua**. This is the front right corner of your home, every room in your home, your workspace and your yard or land, when you subdivide each space into a grid of nine areas, similar to a tic tac toe board.

New moons are an ideal time to go inward and set intentions. Aquarius, an air sign, sees the world full of possibilities. Aquarian energy is progressive and independent, with a focus on humanitarianism. Aquarian energy is also about freedom, having fun with friends, fighting for causes, and coming up with ideas that break through barriers. Aquarius looks to the future with the idea of getting things done today.

It's a time to try new approaches. Is there something you'd like to get done? A great way to utilize Mercury Retrograde (Jan 30 – Feb 20) is to research your options, identify your resources (including helpful people) and write a plan.

### **The Helpful People and Travel Gua, Male Energy and Your Head**

The Helpful People and Travel gua is associated with your head and brain, as well as the Metal element. It's also the area linked with male energy, including father and heavenly figures. In the I Ching, this area is known as Heaven. If you or anyone in your home suffers with migraines or frequent headaches, adjust the energy in your Helpful People and Travel guas throughout every room in your house. Also adjust this area if you would like to attract or call on supporters or helpers (seen or unseen), strengthen relationships with your father, stepdad, father-in-law, or father figures. Remove clutter, open up blockages, and emphasize Earth and Metal energy to help get the chi flowing.

Years ago, a client mentioned that his wife had frequent migraine headaches. He told me that she was regularly sitting in a broken chair at her very cluttered desk, in the front right corner of their kitchen. This was her workspace and it happened to fall in the Helpful People and Travel gua of their home. I suggested that he replace the chair and encourage her to tidy up her desk. When we met a few months later, her migraines had stopped. Coincidence? Synchronicity? Feng shui? The important thing is that she experienced relief and was on happier and healthier path.

Activate your Helpful People and Travel gua if you would like to:

- Attract resources and/or helpers to you.
- Do a community or humanitarian project.
- Work with a mentor, coach or other professional.
- Strengthen a relationship with a male figure in your life.
- Honor your Dad or father figure.
- Travel to a special area.
- Alleviate or eliminate headaches.
- Bring more order, focus or precision to your life.

So, what does this mean for your space? It's beneficial to have representation of special helpers and Metal energy in the front right corner area of your home, as well as every room in your home. Symbols of special helpers could include:

- Angel figures ... to bring in more angelic help or support for you,
- Images, symbol or statues of spiritual guides, spirit helpers, buddhas,
- Photos of your dad or other father or important male figures,
- Pictures or symbols of teachers, mentors, or other guides,
- Photos, art, or symbols of places you'd like to visit,
- A vision board or collage of what you want, including particular people,
- Symbols of projects you'd love to happen, or you dream about, or
- Business cards for you and other supporters (example: your realtor, if you're selling)

**Metal energy is represented by** petroleum, items made from petroleum (plastic), iron ore, large rocks (such as granite) and crystals mined from deep within the earth. Metal energy takes various forms:

- White, gray, silver, and light pastel colors ... walls, furniture
- Metals such as silver, gold, copper, tin, aluminum, and brass
- Circle, oval and arch shapes
- Marble, granite, and flagstone
- Natural crystals
- Petroleum and things made from petroleum (plastic)
- A metal lamp, bell, picture frame, sculpture, etc.

When Metal energy is in balance, people, events, and situations are focused, precise, clear, and organized. If Metal is deficient (too little), you may feel or experience a lack of focus, difficulty finishing tasks and projects, sloppy work, and no strong sense of purpose. Signs of Metal being too strong (in excess) include abrasive and critical behavior, being judgmental, as well as being obsessive, compulsive, overly sarcastic, aloof, or indifferent.

White, gray, or silver walls or furniture are well situated in the Helpful People and Travel gua. Don't worry if your room is a different color. You have many options for activating this gua.

Remember to harmonize this area by having representation of all five elements (Metal, Water, Wood, Fire and Earth). When a space is balanced, it feels great and supports the people living or working there. Your energy and that of everyone who regularly spends time in the space influences what happens. It's like a choreographed dance. You reflect your home, and it reflects you.

### **A Bit About the Five Elements**

The five elements of Water, Wood, Fire, Earth, and Metal work in harmony with each other. Metal energy is supported and strengthened by Earth. It's held in check by Fire and weakened by Water and Wood. Look to nature to better understand elemental relationships. Earth and soil compress to form rock, crystals, and ores. Thus, Earth creates and strengthens Metal. When Metal condenses, water droplets emerge. Water consumes or depletes Metal energy. You use an ax (metal) to chop wood, thereby using Metal energy. Fire, on the other hand, melts metal and transforms it. Anything that "uses" an energy, depletes or weakens it. The element that "feeds" an energy, strengthens or helps to create more of it.

When you want to ramp Metal up, add color, furniture and décor that represent Metal and Earth elements. If you want to tone it down, introduce colors or items with Water, Wood and Fire elements.

**Earth energy is represented by:**

- Square shapes
- Yellow, Brown and all Earth tones
- Big items that hug the earth, such as heavy furniture low to the floor
- Sand and Seashells
- Bricks, Clay, and Adobe
- Wooden furniture (because it is harvested or dried wood)

**Water energy is represented by:**

- All forms of water, water features
- Art with water (lakes, rivers, oceans, streams, rain and snow, etc.)
- Black and very dark colors
- Glass and mirrors
- Free form, wavy and symmetrical shapes

**Wood energy is represented by:**

- Fresh plants and trees
- Fresh flowers
- Green and blue
- Vertical stripes and tall columns
- Floral fabrics
- Art with any the above attributes

**Fire energy is represented by:**

- Sunlight and the sun
- Candles, lights, and sparkly items
- Fire and flames
- Red and the red palette
- Triangles, pyramids, diamond, and cone shapes
- People and animals (including pictures)
- Electronics and electrical items

**Clean Your Helpful People and Travel Gua and Write Down Your Intention**

The first ten days of February are the time to evaluate your Helpful People and Travel areas. Clean and refresh these areas. Update what you can. Then, on February 11<sup>th</sup>, write your intentions and reinforce them with a meditation. As you write, be clear about what you want. Add details. Write in the present tense, just as if things are happening now. Keeping your focus in the present, brings things closer to you. You're always in the present anyway. You're never in the past or the future.

Be clear about what you want, write it down and then energize what you'd love to manifest. Putting energy around your intentions at the new moon, after you've energized your space, is powerful. Try it for yourself!

### **Check-in at the February 27<sup>th</sup> Full Moon**

The full moon (and lunar eclipse) check-in that aligns with your Helpful People and Travel gua is February 27<sup>th</sup>. This is the time to revisit the objectives you set on the February 11<sup>th</sup> new moon, release your intention, and notice how things are beginning to shift. Full moons are when things come to light. Observe what comes to light this month. The seeds you set on February 11<sup>th</sup> have taken root and shifts will begin to emerge. Watch the patterns, finetune your approach, and go with the flow.

## **2021: Year of the Yin Metal Ox**

2021 is the year of the Yin Metal Ox. The **new solar year** begins on February 4, 2021 and ends February 3, 2022. The **lunar new year** is February 12. The solar new year is the traditional date to adjust the feng shui of your house. The lunar new year is day for celebrations, parades, and parties. Solar New Year is a fixed date and Lunar New Year is the second new moon after the winter solstice.

In traditional feng shui, we have two factors to take into consideration: the **animal year** and the **annual Lo Shu number**. The animal year refers to things that influence you on a personal level. The annual Lo Shu number refers to energetic influences located in specific areas (compass directions) of your home, office, and garden. Working from a position of strength, you can positively influence the type of year you have, by neutralizing negative energies and negative stars, while activating the positive stars.

### **The Ox, Snake and Rooster are Compatible**

The Ox is the second animal in the Chinese zodiac, and it's compatible with the Snake and the Rooster. The Rat is a friend as well. The Ox clashes with the Sheep/Goat. 2021 can be a challenging year for people born in Sheep years. People born in Horse, Sheep/Goat or Dragon years may need to actively balance their energy throughout the year. They may find it excessive or deficient at times.

Each year has specific energies where some months and days are more favorable than others. Your birth year determines your personal animal and provides insights into your own chart. The animal year represents an overall influence. An astrology analysis can provide you a much deeper view into yourself, your cycles, and beneficial aspects.

### **Look Back 60 Years for Insight into 2021**

The Chinese calendar pairs the twelve animals of the zodiac with the Five Elements, to create 60-year cycles ( $12 \times 5 = 60$ ). Thus, every 60 years we have the same animal and elemental match. We last experienced similar energies 60 years ago in 1961, a year of many contrasts.

In 1961, JFK was inaugurated as President of the USA, the Peace Corps was formed, the first human (Russian) went into space and Alan Shepard made the first US space flight, construction of the Berlin Wall began, the Freedom Riders tested the desegregation decision of the US Supreme Court, the Bay of Pigs invasion of Cuba took place, the UN General Assembly condemned apartheid, Pampers and the IBM “golf ball” typewriter were introduced.

2021 is a yin Metal Ox year. 1961 was the previous Metal Ox year. Since we’re at a higher level of consciousness, watch for global events to unfold in a more evolved or more spiritual manner. Metal brings qualities of clarity, focus and precision. It can also be abrasive, critical, and chaotic. A positive focus will help contribute to a better world.

### **The Year of the Ox**

The ox is an animal that is driven by hard work in service to others. It favors a strong and steady approach to situations, is loyal and family oriented. The ox plows ahead, head down. Qualities associated with Ox energy include hard work, perseverance, service to others, compassion humility, and kindness.

As we’re experiencing, 2021 is having a chaotic start. Expect it to be a transformational year. Also watch for shifts in the financial markets. We also had these in 2009, the last Ox year, after the crash at the end of 2008. We’re halfway through a 40-year economic reshaping and several significant and rare astrological patterns occurred with the 2020 winter solstice. Although it feels unsettling, it’s all for the best. Unsustainable patterns are continuing to break down to pave the way for changes that will help humanity and our planet.

### **The Flying Stars**

The Flying Star approach to feng shui changes annually, whereas the Western bagua system is a fixed approach. The Flying Stars system uses the compass direction of the building and maps the energy in your house and environment accordingly. When activating the Flying Stars, the year begins **February 4, 2020** and ends February 3, 2021.

Two Flying Stars systems are in practice today: Flying Star System I (primary system in use) and Flying Star System II, (not well documented in print but some say is even more powerful). In the Flying Star I system we are in Period 8 (which influences houses built or renovated from February 4, 2004 through February 3, 2023). In the Flying Star II system, Period 9 was ushered in during 2016 and will continue for the next 20 years. Peg practices Flying Star II (taught by Gill Hale).

The **Annual Lo Shu** number is the annual number that “flies in” every February. The number for 2021 is 6. Thus “6” is in the middle of the Lo Shu or Magic Square for the year. This number and positioning are used for both Flying Star systems as well as *Nine Star Ki* astrology.

### **Favorable and Unfavorable Stars**

In Flying Star feng shui, there are favorable and unfavorable stars. Each year you activate or enhance the favorable stars, while you tamp down and neutralize the energy of the less favorable stars. The troublesome stars are 2, 3, 5 and 7. The favorable stars are 1, 4, 6 and 8. Star 9 can go either way.

### **Pay extra attention to the SE, NE, East, SW and North sectors.**

For 2021 the challenging stars are located in the SE, NE, SW and North sectors of your home. These are actual compass sectors. When you use the feng shui bagua you work with symbolic directions, placing the North sector on the axis with the main entrance.

If you're familiar with the Flying Star system, the troublesome stars for 2021 are:

- 1) The Annual 5 Star is in the SE (112.5-157.5).
- 2) The Grand Duke (Tai Su) is in the NE Ox sector (22.5° - 37.5°).
- 3) The Three Killings (52.5-127.5) is in the East and the first sector of the SE.
- 4) Sui Po is in the SW, Sheep sector, opposite the Ox.
- 5) The # 2 star is in the North (337.5 – 22.5).

If you'd like to apply the Flying Star approach to your home or workspace, contact [Peg](#) for a consultation.

## **Mercury Retrograde Again Jan 30 – February 20, 2021**

We begin February with Mercury Retrograde in the sign of Aquarius. The planet Mercury rules communications. When it's retrograde, it appears to back up in the sky. Then it stops for a few days and retraces its steps before moving forward again. As a result, communications are known to get mixed up and we also have patterns of more accidents. The sign of Aquarius provides a backdrop of a free-spirited, rebellious, unconventional, nonconformist energy. This can be a quirky, progressive, and creative time.

During Mercury retrograde cycles it's recommended that you:

### **Don't**

- Tightly schedule appointments or activities,
- Purchase cars, computers, phone, appliances or other electronics,
- Argue or get pulled into nasty disagreements,
- Drive aggressively or erratically,
- Sign contracts.

### **Do**



- Cut your schedule in half,
- Allow more time between appointments,
- Be kind to yourself and other people,
- Pause, breathe, and think before reacting to anything that annoys you,
- Drive carefully ... pay attention to other drivers,
- Plan renovations and remodeling projects,
- Research future options and intended purchases.
- Relax and read.

Mercury Retrograde periods occur approximately every three months, for about three weeks at a time. You live through these regularly. Putting a strategy in place can help you do so with grace and ease. I find that these are ideal periods to pull back from the world and retreat a bit. It's perfect for the month of February!

For inspirational Mercury Retrograde activities, look to words that begin with the letters "re." Here are some options to consider:

**Within your home or workspace:**

- Redo your workspace ... working from home will continue for a bit.
- Recreate a space for yourself or other family members.
- Refresh, renovate, or repaint a room.
- Repair something worthwhile.
- Repurpose one or more items.
- Refinish furniture.
- Repot house plants.

**For yourself:**

- Retreat at home or have a spa day.
- Reflect deep within yourself.
- Reconsider your choices.
- Release fears, trapped emotions and nonbeneficial beliefs.
- Reassess your plans for the year.
- Rediscover interests.
- Rehearse and/or record videos or music.
- Read books, magazines, or other items of interest.
- Rewrite something.
- Remain grounded and centered.

**Mercury Retrograde Cycles for 2021**

I like to mark each Mercury Retrograde on my calendar at the beginning of this year. It's a great planning tool. This way I can manage contracts, car repairs, and electronic purchases before and after Mercury Retrograde cycles. I also know when I'll have some quiet time to retreat a bit, re-do or reassess things and generally take a breather.

**Mark your calendar:**

January 30 – February 20, 2021

May 29 – June 22, 2021

September 27 – October 18, 2021

If you're feeling a bit anxious about Mercury Retrograde, relax. There's no need to get worked up. You've been living through these cycles every year. Just notice the patterns. Going with the flow and planning supportive activities can enable you to move through these periods with grace and ease. Take advantage of the upside of Mercury Retrograde and you may come to love it, as I do.

**Practitioners to Help You with Deeper Self-Introspection**

Mercury Retrograde cycles are ideal times for self-healing and introspection. Here are reminders about my services that are great for Mercury Retrograde, as well as some additional practitioners to consider. I work with each of them:

[Peg Donahue](#) ... for Feng Shui Consultations, long distance Space Clearings and Personal and Entity Clearings, and guided Emotional Freedom and Healing releases.

[Tricia Duffy Foggo](#) ... Bermuda Fog Astrology for a 2021 Moon Reading or Natal Chart reading. Recently I had a Moon Reading. I now have an extensive plan to follow the moon cycles for 2021 and align my activities with the moon's energy each month. I highly recommend this!

[Lana Louise](#) ... a medium and healer, for connecting with loved ones who have crossed over and/or healing with hypnosis.

[Maureen St. Germain](#) ... for free meditations, books and recordings, upcoming [Sacred Geometry classes](#), Akashic records readings, Akashic records training, and much more.

[Madeline Gerwick](#) ... for detailed astrology readings for yourself or your business.

**For Personal Retreats and Self-Healing, consider Vibranz Healings Tools and Products**

I've been using a series of [Vibranz](#) healing products and tools since May 2020. I'm finding that these products shift energy and enhance healing! Their aim is to bring your body and your environment into harmonic resonance and cohesiveness. The products include:

- Cosmonutriceuticals ... highly energized sprays, powders and lotions
- EMF protection ... strips, packs and home kits
- Lasers and Pointer ... amazing tools for daily use
- Pendants and Discs ... tools to raise your vibration and amplify your intention
- Sports Solutions ... wrist bands and entrainer drops
- Pet Solutions ... check these out! Add to your pet's color to bring them into harmony

If you make a Vibranz purchase, I would be honored if you use my referral link: <https://getvibranz.com/peg>. A small affiliate commission helps me to continue to seek out great products that make a difference.

## **February Special ... Customized Bagua Action Plan for 2021**

During February, Peg is offering a customized “Bagua Action Plan” for 2021. Based on your birthdate, this approach tailors each of the bagua sectors to the moon cycles each month. It’s a great way to be in full alignment with the monthly moon energies.

Customized bagua plans are \$150.00 during February (when you mention this newsletter), instead of \$180.00. Contact [Peg](#) to schedule your 2021 Bagua Action Plan.

## **Home and Business Feng Shui Tip: Attract Helpful People**

Would you like to attract the right helpers or assistance, seen or unseen? Perhaps people to help you with home renovations, healthcare, further learning or education, or future travel? Selling your property and/or buying another? Place your realtor’s cards here. Maybe you’d love to strengthen your relationship with your father or a father figure? Or you’d like to find a teacher or mentor?

If so, place something symbolic or meaningful (that represents what you want) in the front-right corner of your home, a room in your home or your workplace. Also, boost the energy of this area by activating the Metal element. Metal includes all physical metal (silver, gold, brass, aluminum, etc.); circular, oval and arch shapes; white, gray, silver and pastel colors.

Suggestions: place a picture of your father, a favorite teacher, a mentor, a spiritual guide; add a buddha statue or angel figurine; ring a brass (or other metal) bell as you hold your intentions in mind, add photos or indications of places you’d love to visit. Place business cards here. The possibilities are endless.

## **Valentine’s Tips for the Relationship Gua and Your Bedroom**

February 14<sup>th</sup> is Valentine’s Day. If you’d like to strengthen your marriage or partnership or you’d like to attract the right partner, I recommend that you give some attention to your bedroom as well as the Partnership gua of your home and/or workspace.

Ideally, your bedroom should be a sanctuary where you release stress, get a deep, restorative sleep, and renew your energy. These days, bedrooms may also be serving multiple purposes, given that many people are also working from home.

Is your bedroom **doing double duty** as your workspace? If so, it's best to shut off your computer and electronics at the end of your workday and put your work away or place it out of sight. Put your work to bed, before you put yourself to bed. If your bedroom is large enough, a room divider can help you separate work from sleeping. If you have a tight space, placing a beautiful cloth or even a large scarf over your equipment can help to keep it out of sight.

Ideally your **bed should be placed in a power position**. This is one where:

1. You can see the door.
2. You have the larger part of the room in front of you.
3. You have support, such as a solid wall, behind the bed.

If your bed is not in a power position, there are many remedies. Sometimes a bed is not in the power position due to geopathic stress. This is an entirely separate topic, and it overrules the best feng shui position. Do the best you can. If you're unsure, ask for some [help](#).

Your bedroom itself should be **neat and free of clutter**, such as piles of clothes, laundry, too many books, too many knick-knacks, etc. Soothing and restful colors contribute to healing and a deep sleep. Depression builds from the floor up, so keep piles off the floor. It's best to have a place for everything and to get in the habit of putting things away.

When considering **bedroom colors**, flesh tones work well, as do light grays and warm muted colors. Stay away from very bright colors as these are too active. It's hard to sleep in such spaces.

Light is another factor to consider. **Low, dim lights** contribute to a better sleep. It's energetically disturbing to turn a bright light on and then off just before sleeping. If you enjoy reading before you go to sleep, get an amber reading light that blocks blue rays. You can [purchase](#) one for about \$10.00.

Do you have a lot of **photos** in your bedroom? This is another aspect of subtle energy that can keep you awake at night. It's best to only have photos of you and your partner in your bedroom. This is your personal space. Place your kid's photos and family photos elsewhere.

Placing the feng shui [bagua](#) over your bedroom can provide more insight to help you come into better alignment with your intentions. The feng shui bagua is the symbolic map of life issues that we place over spaces. You place it over your house, every room in

your house, your land and your workspace. Visualize it as a grid of nine spaces, like a tic tac toe board. Eight areas of life issues around the outer edges are connected to each other through the center block.

Prosperity	Fame	Partnership
Family & Ancestors	Center/Health	Children & Joy
Knowledge	Career	Helpful People

**← — — Place your front door along this line — — →**

The Relationship/Marriage/Partnership life area is in the upper right corner. This the back-right area of your house and every room in your house, including your bedroom. In your bedroom, it's great to activate this area to reflect partnership, if partnership is important to you. If you're married, this is a great spot for a wedding photo.

At minimum, activate and strengthen both the Partnership gua of your bedroom, as well as the Partnership gua of your house, if you'd like to strengthen a current partnership or marriage or attract a new one.

### **Attracting the Right Partner**

The Partnership gua is what we call an "earth gua." The associated feng shui color is pink. To attract the right partner for you, write down the attributes of the person you'd like to have in your life. If you've had a string of relationships that haven't worked out, begin with those characteristics and turn them around. Use what hasn't worked to help you clarify and define the type of person you really want to spend time with.

Secondly, place a symbol of Partnership or relationship in the back right area of your house and bedroom. You can do this for every room too. It's nice to pair something up. One pair is enough as multiple pairs can cause too much activity and/or confusion.

Some of my favorite items include:

- A beautiful picture of two people (facing each other) or two pictures with one person, each facing the other.
- A pleasing picture of two animals or two pictures with one animal, each facing the other.
- Rose quartz or emerald. Rose quartz hearts are beautiful. One or two pieces work well.
- A set of mandarin ducks ... this is a classic cure or adjustment.
- Fresh flowers ... they always enliven a space.
- Hearts ... you can place lots of them in this area.
- A statue or art with any of the above.
- A windchime can sometimes work to activate this space.
- Pink, red, purple, or yellow colors and shades.

Prior to energizing or activating any space, make sure it's clean and that it's in good shape. Otherwise, you're reinforcing existing blockages. You don't want more of the same, but that's what you're likely to get if you empower what's not currently working.

Setting a positive intention on the other hand, and then cleaning your space and thoughtfully placing a few items that symbolically represent what you want, followed by a meditation to reinforce your intentions and actions, can do wonders to get things moving in the right direction for you.

If you'd like help with the feng shui for your bedroom or to help attract the right partner, contact [Peg](#) for a consultation.



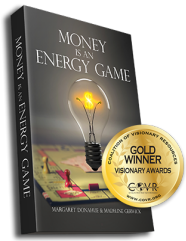
## Prosperity Tip of the Month: Boost Your Immune System!



Living a joy-filled life is one of the keys to being prosperous and being healthy. I think it's also one of the best ways to contribute to the well-being of the world. Finding joy in every day, regardless of circumstances, reinforces a multitude of positive emotions, including love, gratitude and appreciation. These in turn, boost your immune system and are a powerful antidote to Covid and other illnesses. A strong immune can help you avoid the virus in the first place and to get rid of it quickly if you do catch it.

For more tips like this, check out my book with Madeline Gerwick, [\*Money Is an Energy Game\*](#). If you've read the book, we'd love your review! You can place it directly on

[Amazon](#) for Kindle copies (scroll to the bottom of the page) or send it to [Peg](#) and Madeline via email. Thank you!



### Affirmation # 23

“Random acts of kindness expand my prosperity.”

**Boost Your Immune System this Winter with FLFE!**



FLFE or [Focused Life Force Energy](#) is a very cool service that provides many benefits to help you live a healthier life, with fewer problems, during these unique times. FLFE raises the consciousness of your environment. With higher consciousness, life unfolds



more easily, your health is better supported, problems are more easily resolved, creativity flows, and much more. Frankly, I don't notice it in my environment, but I know the results are here.

In a high consciousness field, your body has more access to energy for stress relief and healing. You also can get a deeper and more restful sleep. Your body needs deep sleep for healing. This is one of the reasons why sleep is so important.

One of my favorite benefits of FLFE is the harmonization of EMFs (electro-magnetic frequencies). EMFs are known to stress your body and deplete your energy. A lot of evidence that has been suppressed, beginning about 20 years ago, is coming to the surface. During this time, EMFs have intensified as our devices have multiplied and become stronger and more powerful with higher levels of radiation. It's all legal, of course. Within the industry it's well known that the measures for EMFs are outdated and the common sample of an average male no longer addresses the needs of users.

Whether or not you're a FLFE subscriber, explore the many [webinars](#) to learn more about a variety of topics that FLFE supports.

I encourage you to try [FLFE for 15 days for free](#). You can actually get 30 days free ... 15 days for your home and another 15 days for your phone. Check it out.



Code for Banner:

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<a href="https://tm179.isrefer.com/go/5GMit/PegDonahue" target="_blank"></a>
```

Banner Link: (<https://tm179.isrefer.com/go/flfemain/PegDonahue/>)

**Contact Peg to schedule a service or for more information.**

### **Services**

- Life Coaching
- I Ching Readings
- Feng Shui Consultations
- Office Feng Shui Consultations

- **Business Feng Shui Consultations**
- **Space Clearings and Personal Clearings**
- **Personal Empowerment Coaching Sessions**
- **Emotional Freedom & Healing Release sessions**

#### **A Presentation, Workshop, or Class**

Peg works onsite as well as remotely via email, web, phone, Facetime, Skype, WhatsApp or Zoom. EF&H and coaching sessions are generally via telephone. Consultations are tailored to your needs.

*Thank you for reading! Please pass along to anyone who might like to read this as well.*