

## **May 2021 Newsletter ...**

Hello,

It's beginning to feel like things are moving forward again. The weather is getting warmer in the NE and more and more people are venturing out. It's feeling comfortable to do so, with sensible precautions.

Last month my husband and I spent three nights at a hotel in Portland, ME. The hotel was clean, comfortable, and spacious. The staff was attentive and gracious. They had excellent precautions in place. No one came into our room while we were there. If we wanted a service, we had to schedule it. Outside, it was so nice to see families enjoying the shore and public parks. They seemed so happy to be together.

This month, I'll complete some deep spring cleaning inside and refresh our gardens outside. We look forward to Memorial Day weekend to plant our annual flowers and herbs. Usually, frost has passed by then. Although we've had some rain, we need a lot more to make up for last year's drought and little snow this past winter. A series of drenching rain days will help the water table catch up.

Happy Mother's Day to all moms. The article about the Relationship gua might interest you if you have any snags with any "mom" in your life. Forgive any slights or grudges and move forward. It'll do you good.

Enjoy May!

Peg

### **May Feng Shui Forecast:**

**May 11 New Moon in Taurus ... Focus on Wealth Gua**

**May 26<sup>th</sup> Full Moon and Lunar Eclipse in Sagittarius**

### **April Recap ... Your Career and Life Purpose**

The check-in that aligned with April adjustments for your Career gua began with the April 26<sup>th</sup> full moon. This is the center-front of your home and every room in your home. If you set objectives for the April 11<sup>th</sup> new moon in Aries, tune in and notice what's unfolding or what's coming your way. Full moons are when things come to light. The seeds you set on April 11<sup>th</sup> have taken root and shifts are beginning. Watch the patterns, finetune your approach, and go with the flow.

The quality of the energy in the Career gua influences your life purpose, your work, and what you're most passionate about. Adjusting this area can help you attract a job that you love, do work that inspires you, and connect with your deepest passions. If you're retired, this area relates to doing meaningful activities. The Career gua is governed by Water energy. When balanced, your life brings you joy. You're inspired and energized by your work or you're passionate about your interests and how you spend your time.

Review the [April Feng Shui Forecast](#).

## **May 11<sup>th</sup> New Moon in Taurus ... Wealth Gua**

The new moon in Taurus on May 11<sup>th</sup> is associated with the Wealth and Prosperity gua. This is the back-left corner of your home, every room in your home, your workspace and your yard or land. The quality of energy in this area influences your prosperity and wealth, the blessings in your life and overall good fortune.

The new moon is a time for new beginnings. It's a great time to set intentions and get a fresh start. If prosperity is one area you'd like to strengthen in your life, recharging your Wealth and Prosperity gua can help put things in motion.

Taurus is a fixed, earthy sign, ruled by the planet Venus. Taurus traits include security, stability, persistence, dependability, patience, being trustworthy, enjoying material comforts and success, along with working hard, playing hard, and being self-indulgent. On the downside, guard against being too much of a perfectionist, too complacent, or fixated on any one thing. You can easily get stuck.

Free-flowing, unobstructed energy in the Wealth gua of your home or business, as well as the associated area in each room (back-left corner) will help blessings, prosperity, and good fortune come your way. This includes the flow of money and the resources needed to do what you want.

First and foremost, the Wealth gua is about fortunate blessings. Being grateful for all that comes to you, being generous with others, regularly expressing gratitude and appreciation are wonderful ways to continue the circle of giving and receiving. When you're generous with others and you're grateful and appreciate what comes to you, your energy channels are open and receptive. In this state, more blessings (of which money is one) tend to come to you more easily.

If you're worried about not having enough or you're anxious about not making ends meet, your energy channels close and you end up pushing money and blessings away. This could come in the form of things breaking down and costing money to repair or replace, unexpected bills or expenses, loss of a job, loss of investments, being robbed or losing or misplacing money, among other situations.

**The back-left corner of your Home relates to your wealth, prosperity, and fortunate blessings.** Look around the back left corners in your home and workplace, as well as each room. Note what's there. Evaluate the quality of energy. Take pictures and study them. One of the premises of feng shui is that your space reflects yourself. Does your space feel and look open and inviting? Is there a free flow of energy? Is everything working well or do things need maintenance? In particular, be on the lookout for:

- Doors and/or windows that are stuck or require maintenance or need to be replaced.
- Leaky plumbing or drips
- Electric sockets that don't work
- Light bulbs that need to be replaced
- Doors leading outside (exiting Wealth)
- Dead plants or flowers
- Paper piles, excess magazines, books, or catalogs
- Accumulated dust or debris
- Lots of clutter
- A stove fireplace that may need balancing
- Anything that drags your energy down.

#### **Mismatch Between What's Needed and Your Budget? It's All in the Energy!**

Your home can still have good feng shui even if it needs repairs or maintenance, or you want to change the décor. It might take years before you have the money, or the project moves to the top of your priority list. So, what do you do? I recommend that you add everything that needs to get done to a wish list. Then visualize the changes happening. You can even make a vision board and include pictures of your anticipated upgrades. Cultivate a positive energy vibe about your space and what needs to get done or the changes you'd like to make. Anticipate the changes occurring and get excited about them. Things might shift for you in fun and unexpected ways when you continually hold your vision.

#### **The Wealth Gua is Energized by Wood Energy**

The Wealth area is associated with the Wood element. The archetype for Wood is the Pioneer. The Pioneer explores new areas and roads not yet traveled, breaks new ground, and charges into unknown territory with curiosity. Pioneers are adaptive, cunning, and resilient, moving about freely as consider their options. They are driven by action, a desire to do, to innovate, renovate, reform, and revolutionize. Pioneers also overcome obstacles and move forward. They prefer growth, change and innovation.

In balance, Wood energy expresses confidence, takes appropriate risk, makes good decisions, handles stress, and works through obstacles. Think of Wood as a natural leader. When Wood energy is deficient, it shows up as boredom and apathy,

sluggishness, being irritable, feeling bogged down and over sensitive. Too much Wood energy manifests as anger, hostility, impulsiveness, impatience, and irresponsibility.

How do the attributes of Pioneer energy fit within your life? What are the areas where you've had breakthroughs? Are there any areas you'd like to explore more deeply?

### **The Wealth Gua and Health Issues**

From a health perspective, the Wealth and Prosperity area is associated with your hips, legs, and big bones. In my practice, I've noticed a connection between fears related to money and hip or leg problems. Releasing the fear opens you to free-flowing energy that brings blessings your way. If you have issues with any of these matters, such as hip replacement, arrange your Wealth gua, as well as the back-left corners of every room, so that they fully support you. Make them comfortable without being cluttered. Include items that reinforce the blessings in your life.

### **Wealth Gua Flags**

Bathrooms and doors leading outside from your Wealth and Prosperity gua are red flags for energy leaking away from this area. Slippage may show up in the form of higher or unexpected expenses, things breaking down and costing money to repair, a job loss, promotions passing you by, losing money, feeling broke, etc. If you feel that money is hard to attain, it's a challenge to pay your bills, your wealth slips away or it's hard to save for the future, look around your Wealth gua for red flags. In addition to a bathroom and exit door, look for clutter, things that are broken or need repair, and overall stuck or low energy. Contact [Peg](#) if you'd like a short consultation with specific cures for your situation.

### **Wealth, Wood, and the Five Elements**

In the Five Element system, Wood is characterized by trees, fresh flowers, and plants. Wood energy is an activating energy. It's one of upward growth, vibrance and life. Visualize trees and flowers growing straight and tall. Trees growing with unusual bends and curves indicate the presence the geopathic stress, which is an obstacle to growth.

Wood colors are blue and green. The season is spring, a time of new growth and vitality. Wood furniture is harvested or "dead" wood and is categorized as an Earth element. The feng shui color for the Wealth and Prosperity gua is purple. Thus, having some purple, green, and blue in your Wealth gua is beneficial. A little red and gold work well here too. Wood is strengthened by Water energy and depleted by Fire, Earth, and Metal energy. Emphasize a flow of Wood and Water energy in your Wealth areas. Minimize, but don't eliminate, Fire, Earth, and Metal energies.

Wood-type spaces are offices, work areas, garages sheds and gardening. These could be areas that bring more Wood energy into your life.

**Wood** energy is about growth and expansion. Wood is represented by:

- Fresh flowers, plants, and trees
- Floral fabrics and patterns
- Vertical stripes and tall columns
- Vertical rectangles
- Green and blue

**Water** energy helps to create flow. It also brings reflective and philosophical qualities.

Water is represented by:

- Water features and water itself
- Mirrors, windows, glass, reflective and shiny surfaces
- Black and very dark colors
- Free form, wavy and symmetrical shapes
- Pictures of lakes, rivers, harbors, ocean views

**Fire** brings dazzling, sparkling energy to a space. It is represented by:

- Fire, flames, lights, sunlight, candles
- Triangles, pyramids, diamond, and cone shapes
- People and animals
- Electronics and electrical items
- Red, burgundy and the red palette

**Earth** energy grounds and anchors your space. Earth items include:

- pottery, earthenware, bricks, and clay
- seashells and natural items
- square shapes
- oversized or heavy furniture that hugs the floor.
- yellow, brown and earth tones.

**Metal** energy helps bring clarity to a space. Metal items include:

- all metal: gold, silver, brass, aluminum and more (pots & pans, lamps, picture frames...)
- marble, granite, flagstone
- natural crystals and rocks dug from deep in the earth.
- circles, oval and arch shapes
- white, gray, and pastel shades.

### **Eight Simple Ways to Enhance Your Wealth Gua**

The Wealth gua is typically a favorite area for people to enhance. Before doing any cures or adjustments, thoroughly clean your space. This will automatically lift the chi and prepare it for further changes. If you enhance your space before you clean it, you're encouraging more of the same dirt, low energy, clutter, or disorganization to come to you. Here are eight tips that can help activate Wealth and Prosperity:

1. Place a vase of beautiful flowers.

2. Hang a mirror and send your intentions into the mirror.
3. Hang or place a crystal.
4. Add something that reminds you of the blessings in your life.
5. Add light ... on a tree, plant, or light a lamp or small lights.
6. Write your intentions and place them a red envelope.
7. Clean your stove and oven ... even if they are in a different gua.
8. Add some purple, green, medium blue, red, or gold.

Remember to do the Three Secrets Reinforcement with each cure or enhancement that you do. The Three Secrets process is a way to strengthen your intention and to transfer it to the related object you place or the action you take. [Contact Peg](#) if you need the process for the Three Secrets Reinforcement.

### **The Importance of the Helpful People and Travel Gua**

Pay attention to the opposite gua as well. Helpful People and Travel (HP&T) is the gua diagonally opposite Wealth, in the front-right of your space. The blessings of prosperity come to you via helpful people as well as the resources flowing from Helpful People and Travel. The two areas work hand in hand. If you are activating your Wealth gua, cleaning and decluttering your HP&T areas will provide an added boost. The HP&T gua is associated with Metal energy. Wood and Metal keep each other in check. For your HP&T gua, emphasize Earth and Metal energy, while minimizing Water, Wood and Fire.

### **Write Your Intention and Meditate on May 11**

After cleaning and enhancing the Wealth areas in your home or workspace, write a clear intention about the blessings in your life prior to, or on, the May 11 new moon. Put your intention in a red envelope, energize it with a blessing and then place it in your Wealth gua. Write your intention in the present tense, using positive words, just as if it's happening for you now. For example: "I appreciate the abundance of resources flowing to me." The more specific you are, the more targeted the direction of resulting energy will be.

Do a mediation on May 11, visualizing multiple blessings coming to you. Skip over the logistics of how things will unfold. Assume they will and give thanks, in advance, for all of your needs easily being met. Giving thanks in advance is one of my favorite techniques. It works! It bypasses your thought process and all the ways something may or may not happen. When you get excited about *already having* what you want, the path to make it happen begins to unfold and seemingly magical things can appear.

### **Check-in at the Full Moon and Lunar Eclipse**

Two weeks later, on May 26<sup>th</sup>, there's a full moon and lunar eclipse. This is the day to tune in with your intentions and notice what's been happening. You might start seeing evidence that the seeds that you planted on May 11<sup>th</sup> have taken root. Look for small changes first. Small shifts turn into bigger ones as they gain momentum.

According to Madeline Gerwick, this May 26<sup>th</sup> eclipse in Sagittarius is associated with insight and intuition, visionary ideas, dreams, and hunches. Pay attention! Tune into the creative ideas that come to you. Act with complete integrity and play by the rules. You'll be glad you did.

**Are you Ready to Release Your Money Blocks and Make Significant Shifts?**

If so, I encourage you to read *Money Is an Energy Game*! This is the book that I co-authored with Madeline Gerwick. We include a link to a FREE Emotional Freedom and Healing tapping session to help you release money and prosperity blockages at the cellular level, as well as over 100 tips and techniques to help you strengthen your money vibe. Check it out at [www.moneyisanenergygame.com](http://www.moneyisanenergygame.com).

**Contact Peg for a Prosperity Gua Consultation**

If you'd like a short consultation about some ideas and suggestions to adjust your Wealth and Prosperity gua, contact Peg. Mention the May newsletter and save 33%! \$60.00 for a half hour consultation with the newsletter discount.

## Mother's Day and Your Relationship Gua

Mother's Day is Sunday, May 9. It's a day to honor mothers, mothers-in-law, stepmothers, grandmothers, or any and all mothers in your life.

Are you aware that a deeper aspect of feng shui is the connection of your Relationship gua with your mother and the mothers in your life? Relationship issues with any mother in your life can create an energetic block that negatively influences your relationships with others ... such as finding the right partner, your marriage, or romantic partnerships. I have seen this repeatedly throughout my practice. Clearing your inner space and outer environment of energy blocks can help you to find the right partner and have a healthy and satisfying relationship once you do.

**The Relationship Gua and the Earth Trigram**

The Relationship gua is the back-right corner of your home, all the rooms in your home, the back-right corner of your business or workspace, and the back-right corner of your yard or land. This area correlates with the Earth trigram in the I Ching, which represents the most yin and most feminine energy. The Earth trigram also represents "mother," thus the deeper connection between the Relationship gua and mom.

The Earth trigram, comprised of three dashed lines, stacked one on top of the other.

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When balanced, Earth energy is very nurturing, caring, comfortable and stable. Mother Earth provides a solid foundation for us. Earth energy is also unifying. Mothers are often the ones keeping families unified and together.

When Earth energy is deficient, people are more concerned about survival and just trying to live every day. A lack of stability is prominent, and people might be closed off both spiritually and emotionally. Spending more time in nature is one way to ease your stress and to gain a healthy perspective. It lifts your spirits. You might get some ideas about how to move towards thriving vs. struggling to survive.

When Earth energy is in excess, feeling smothered, stifled, overprotected is common. Your thinking tends to be muddled, you might worry constantly, or you feel that you can't do enough to please others. In the last situation, you get depleted by giving too much of yourself away to others. You rebalance yourself through active self-care and strengthening yourself from the inside out.

### **The Value of Forgiveness**

If you recognize patterns of imbalanced Earth energy in yourself, doing effective self-care and adjusting your Relationship gua can help get you on a more stable path. Forgiveness is one of the first steps you can take. Forgive yourself and forgive others, particularly any "mom" with whom you resent or hold a grudge. Forgiveness is empowering and freeing. It doesn't matter what happened. What matters is that you release all bitterness, dislike, envy, loathing, or similar feelings. They hold you back. When you do your inner work and release negative emotions, you advance on your healing path.

### **Recognizing Imbalances**

In your home, imbalances in the Relationship gua show up as:

- excessive clutter,
- bathrooms or laundry rooms in this area,
- doors leading to the outside,
- plumbing or electric problems,
- unhappy photos (or ones taken during a troubled time)
- patterns of ones or threes (vs. two for a couple),
- too many representations of Metal, Water or Wood elements

If relationships are problematic for you, audit the back-right corner area of your house and every room in your house (when overlaying a grid of nine, like a tic-tac-toe board). Take pictures and see what you notice. Look for imbalances showing up one or more times. This could be a bathroom or laundry room on one floor, clutter in a room on another floor, pictures of three people or photos and art of single women (if you'd like a male partner), or all men (if you'd like a female partner), all white rooms (too much metal), and much more. The patterns can be obvious or subtle. One of the dilemmas is



that you typically don't notice things in your space after thirty days. If you've been living in the same house, condo or apartment and you haven't moved things around in a bit, you might not recognize the patterns. This is why taking photos is effective. You see things in photos that you pass over in person.

Contact [Peg](#) if you'd like help putting yourself on a more effective path of releasing inner or outer blockages. A customized [Emotional Freedom and Healing Release](#) can help you let go of deeply held emotions that may be embedded in your cells. A [feng shui consultation](#) via phone or web can identify ways to rebalance and reenergize your space.

## Activate Your Dreams ... Create A Vision Board

The past year has been a game changer. For some people it brought overwhelming sadness, grief, loneliness, loss and more. Others experienced an awakening, awareness of things they wanted to change, development of new practices, resilience, and deep inner peace. People have learned to be more discerning about time as well as the people and things they cherish. Through it all, desires to make life more complete by focusing on what's important, to discover joy in everyday life, to be kinder and more compassionate with oneself and toward others have come to the forefront. I found this [NY Times](#) composite of reflections and short stories about experiences over the past year quite moving. You might too.

We're in a vastly different world compared to a year ago. Are you ready to move ahead or are you hesitant about stepping out again? What do you want and how can you make it happen? If you've been feeling bored, restricted, stuck, restless or you're anxious to break away from the past year of restrictions and setbacks, it's time to dream big again.

### **Bring Your Dreams to Life**

A Vision Board can help you emerge from your doldrums and put your dreams in motion. Vision Boards are fun and freeing. They also work! They're a wonderful tool to bring your desires and intentions to life. Visualization techniques have been used to help people shift perspectives, heal, get a new home or job, improve athletic performance, overcome obstacles and more. This [Forbes](#) article sums up the benefits quite nicely.

With a Vision Board, anything goes. If you can dream it, and you'd love to have it or experience it, bring it to life by beginning with a Vision Board. It's a pleasurable, creative project. There are many ways to approach it. Select a method that's easy for you. You can make one with poster board and attaching pictures and words cut from magazines. If you have a cork board, attach your pictures and affirmations to that. You can also take a contemporary approach and use Pinterest or a favorite app.

If you don't know where to start, consider what makes you happy and brings you joy. It might be reconnecting with family in person, perhaps traveling again, meeting with friends for special events, eating in restaurants, attending sporting events or concerts, going to the movies. Perhaps you want to renovate your home, buy or sell a new one, start a family or a business, get a new job, return to school. The possibilities are endless. You can have multiple dreams and wished too. Put them all on your board.

I like to use the bagua when I create a Vision Board. I place images in each of the nine grids that represent that particular area of life, as follows:

Prosperity	Fame	Partnership
Family & Ancestors	Center/Health	Children & Joy
Knowledge	Career	Helpful People

Here's a brief synopsis for each life issue, beginning with the bottom left and ending the center:

**Knowledge:** This area is about self-exploration and self-development. Populate this corner with images and words that relate to learning new things, self-development, and creativity.

**Family and Ancestors:** Place pictures here that reflect the ways you'd like to spend time or connect with your adult children, parents, grandparents, siblings, and extended relatives or explore your ancestry.

**Prosperity:** Add representations that remind you of the blessings in your life, prosperity, and a continual flow of good fortune.

**Fame:** This area is about your how you'd love to be known and seen publicly. It's your public image.

**Partnership:** Place pictures, words, affirmations, and images to reflect or strengthen a partnership or marriage, or to attract the right partner to you.

**Children and Joy:** Energize this area to bring more joy to your life. Include pictures of your children (or children, if you'd like to have them). This area also represents anything you'd love to create (such as a business) as well as the future and your retirement years. Imagine your ideal retirement and use pictures to bring it to life.

**Helpful People and Travel:** Activate this area with images, pictures or representations of helpers and mentors, spiritual guides, as well as places you'd love to visit.

**Career:** What are you most passionate about? Include it here. This is an ideal spot if you'd like to get a job, enhance your career, spend more time doing things you love, or to create more opportunities for yourself. Bring them alive here.

**Center:** Include images here about overall health and well-being. Images in the center can help you bring balance to your life. What aspects of your life would benefit from more balance?

Alternatively, take one or a few of these topics and do an entire vision board about them. Be as creative as you like. The important thing is that your final product represents you and your dreams.

### **What Would You Like to Be, Do or Have?**

Explore your resources, including the web, to find representations and images of whatever you'd love to Be, Do, or Have. Suspend doubt, along with all filtering of how realistic it might be. Use your Vision Board to explore the possibilities and to get excited about the potential. Some of the most amazing things happen in unexpected ways.

Be creative with your Vision Board. They are a wonderful tool to bring you into alignment with your dreams and intentions. There are many examples on the web. Once you've completed your board, put it in a prominent place where you'll see it regularly.

Remember that:

- Everything is possible.
- Anything/everything goes.
- It's a fabulous way to bring dreams to life.
- Be creative. Any size, shape, format.
- Specify what you would love to BE, DO, HAVE.
- Use photos, magazines, web sites, free Google images, etc.
- As you find images and affirmations that express what you want for yourself, also believe it is possible. Feel it happening for you.

When your board is complete, place it in a location where you will see it regularly. As you view it, feel what it would be like to realize your dreams. Believe you can have it.

Would you like coaching about bringing your dreams to reality? If so, check out Peg's 12-session [Dream Coaching](#) program.

## May Special: Prosperity Gua Consultations

May is an ideal month to update and re-energize your prosperity gua. If you've been feeling frustrated, blocked or you're wondering why things are slipping away, get some help to move things forward again.

If you'd like a short consultation about some ideas and suggestions to adjust your Wealth and Prosperity gua, contact [Peg](#). Mention the May newsletter and save 33%! \$60.00 for a half hour consultation with the newsletter discount. Contact [Peg](#) to schedule.

### **Feng Shui Business Tip: Your House Influences Your Business**

If you run a business, be aware that the quality of energy within your house influences your business, even if you work elsewhere. If you are the CEO or business owner, the quality of energy within your home, as well as your office, sets the tone for your business. It pays dividends to keep both your home and workplace in great shape.

### **Feng Shui Business Tip: Your Home Influences Your Work**

With so many people working from home over the past year, the energy between personal and work spaces has overlapped. To support a better workday, keep your work area neat and clean ... even if you can't see it on Zoom. To support your private life, at the end of your workday, shut off your computer, put your work away, or shut your office door if you have one. To avoid working all the time, maintain a separation between your professional and private lives in your space.

## Prosperity Tip of the Month:

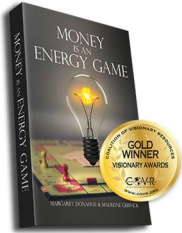


The back-left corner of your house (from the architectural main entrance) is the Wealth and Prosperity gua. The same goes for every room in your house, your workspace and your yard or land ... the back-left corner from the entrance to each space. Thus, you have multiple opportunities to enhance your wealth and prosperity by keeping your spaces in great shape.

Madeline Gerwick and I will be doing several podcast interviews during the coming months for our book, [Money Is an Energy Game](#). We'll post links to these on the book's [website](#).

We'll also begin to post tips on Facebook and Instagram, beginning around mid-May. If you're on social media, link to Money Is an Energy Game if you'd like to stay in the loop.

**If you've read the book, we'd love your review! You can place it directly on [Amazon](#) (scroll to the bottom of the page) or send it to [Peg](#) via email.** Thank you!



## Affirmation # 109

“Patience in all matters attracts prosperity.”

## Recommended Products and Services

There are some amazing healers, resources, and tools available to help you on your healing and spiritual path. This month I'm sharing links to some of my favorite energy products and service providers that might interest you.

[Lana Louise](#) is a gifted psychic and medium. I typically connect with her a few times each year. She provides me with valuable insight and direction. I'm particularly excited about her new “[A Soul's Journey Oracle Deck](#)” that will be available in late May. I'll share more about it after I receive my set. Pre-print orders can be placed now.

[Sue and Aaron Singleton](#) are highly gifted healers. Their business and website is [The Way to Balance](#). They have a lot going on. I've been using their oils and Rings of Oden for over 15 years. I like their remote healings and periodic webinars. Their [Biomorphic Geometry Designs](#) and products are new. They offer many products to support health, including EMF mitigation. In particular, the Spark of Life pendant is helping me to maintain normal blood pressure without medication.

[Maureen St Germain](#) is a dynamic spiritual teacher, author, and leader in the field. She runs Akashic Records International, trains Akashic Records Guides, has published many books and recorded meditations, and recently released an updated version of her 2009 book, [Beyond the Flower of Life](#). Purchase the book and join two upcoming Q&A sessions on Zoom on May 18 and June 1.

[Madeline Gerwick](#) is my [Money Is an Energy Game](#) co-author. She writes the annual Good Timing Guide and quarterly newsletters, does business and personal astrology consultations, and provides customized dates and times for important activities. You'll find my recorded [EF&H group sessions](#) for specific topics in her webstore. There's also a class for [Office Feng Shui](#) and [Feng Shui Simplified](#).

[Focused Life Force Energy](#) is a service that raises the consciousness of your environment, providing many benefits to you and those who spend time in your space. The benefits include increased focus, concentration and creativity, an energized living/work space, EMH harmonization, deeper sleep, a boost in your body's natural healing ability, an overall sense of calm and peace. Users report fewer headaches, improved digestion, restful sleep, and more energy. [Try it free for 15 days](#).

[Vibranz](#) is a company that provides a variety of personal energy products. I use the oils, lasers, Cosmonutriceuticals, and some pendants and discs. Check them out. They often have sales, so peruse the "Current Sales Promotions tab.



Code for Banner:

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<a href="https://tm179.isrefer.com/go/5GMit/PegDonahue" target="_blank"></a>
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Banner Link: (<https://tm179.isrefer.com/go/flfemain/PegDonahue/>)

**Contact Peg to schedule a service or for more information.**

### Services

- Dream/Life Coaching
- I Ching Readings
- Feng Shui Consultations
- Office Feng Shui Consultations
- Business Feng Shui Consultations
- Space Clearings and Personal Clearings
- Personal Empowerment Coaching Sessions
- Emotional Freedom & Healing Release sessions

### **A Presentation, Workshop, or Class**

Peg works onsite as well as remotely via email, web, phone, Facetime, Skype, WhatsApp or Zoom. EF&H and coaching sessions are generally via telephone. Consultations are tailored to your needs.

*Thank you for reading! Please pass along to anyone who might like to read this as well.*