## The Feng Shui Bagua and Your Chakras

## Wealth & Abundance

#### #1: Root Chakra

Survival Center Base of Spine Red/Purple

All is one. Strength of connections to groups, nature, earth.

Having the correct energy alignment attunes you to the universal flow of abundance.

## Fame & Reputation

#### **#7: Crown Chakra**

Crown Center Top of Head Purple/Red

Live in the present. Embrace life. Get rid of the past. Allow for synchronicity.

Connects to your destiny and path on Earth and your Higher Wisdom; it's your personal compass.

## Relationships/Marriage

#### #4: Heart Chakra

Love/Heart Center Center of Chest Green/Pink

Develop self-love and unconditional love. Appreciate love in the present moment.

Show forgiveness.

All healing is generated from here. Center of personal power, security, confidence, trust.

## **Family & Ancestors**

#### #2: Sacral Chakra

Social Center 2 inches below naval Orange/Green

Honor one another. Have gratitude, appreciation, acceptance. Let go of envy, control, vengeance.

You define yourself in relation to others here.

This is the "feeling" center.

### Health/Center

#### **Overall Vibration**

Entire Body Golden Light/Yellow

Overall Balance. Connect with all of your charkas. Run your energy evenly throughout your body. The more chi and life force that enter your body, the stronger your health becomes and the more aligned you are with your path.

## Children & Joy

#### #5: Throat Chakra

Communication Center Throat area Sky Blue/White

Surrender to Higher Will. Speak honestly. Bring your energy back to yourself. Wise choices will support your energy and spirituality.

Center of your outward identity.

Oversees adolescence.

# **Knowledge & Self- Cultivation**

#6: Brow Chakra

Third Eye Center Between Eyebrows Indigo/Blue

Seek your own truth. Be open to new ideas. Hold confidences. See others for what/who they are. Honesty connects us to the soul. Center of truth, intuition.

## Career/Opportunities

#### #3: Solar Plexus

Will Center Solar Plexus Yellow/Black

Honor Oneself. Have confidence, integrity. Drop criticism.

Oversees all energy and drive to take control of your life. It's the fuel to move forward.

## **Helpful People & Travel**

#### **Transpersonal Center**

6 inches above your head White Light/Gray

Accept your Higher Self. Seek counsel and guidance of others. Connects you to your higher self, spirit guides and other assistants. Conduit between your body and the spirit world. You should begin and end meditation here.