

## August 2021 Newsletter ...

Hello,

Rain or shine, it's time to fully embrace and enjoy the remaining days of summer while they're here. I'm lightening my schedule this month to do just that.

Here's a fun creation I came across recently: a [Joy Generator](https://apps.npr.org/joy-generator/) app (<https://apps.npr.org/joy-generator/>), created by NPR. Daily we're hearing about the increased levels of stress and mental health issues in our society. You see the results of this in the news regularly. The Joy Generator can help you to shift your perspective and mood instantly. Explore nature, feel the love and warmth of animals, listen to a variety of soothing sounds, write some poetry, reminisce, create, anticipate, get into a better flow. Check it out. It might inspire you in unanticipated ways.

I'm thrilled that the value of bringing joy into daily life is reaching the mainstream. The [Good News Network](#) has been doing this for well over 20 years.

Enjoy August!

Peg

## August Feng Shui Forecast

**August 8<sup>th</sup>: New Moon in Leo ... Children, Creativity and Joy Gua**

**August 22<sup>nd</sup>: Full Moon**

## July Recap ... Your Family Gua

The check-in that aligned with July's full moon and focus on your Family gua, began with the July 23<sup>rd</sup> full moon. Your Family gua is the center-left area of your home and every room in your home, from the main entrance, when you superimpose a 9-block grid, similar to a tic tac toe board, over your space. New moons are about new beginnings. The July 9<sup>th</sup> new moon was a time to spend with family and to reflect on your vision for your future. If you set intentions for the July 9<sup>th</sup> new moon, tune in and notice what's happening.

Review the [July Feng Shui Forecast](https://fengshuiconnections.com/july-2021-feng-shui-forecast). (<https://fengshuiconnections.com/july-2021-feng-shui-forecast>)

August 8<sup>th</sup> New Moon in Leo ... Children, Creativity, and Joy Gua

Each new moon ushers in new beginnings. The August 8<sup>th</sup> new moon in Leo correlates with your Children, Creativity, and Joy gua. This is the center-right side of your home, every room in your home, your workspace and your yard or land, when you divide your

space into a grid of nine areas, like a tic tac toe board. The quality of energy in this area influences what you give birth to ... children, ideas, businesses, projects, as well as what brings you joy. This area also is about finding your voice, speaking authentically, moving forward with your life. If you're retired or heading toward retirement, the quality of energy in this gua is important.

Leo is a fire sign that represents your creative consciousness, living life to the fullest, embracing the spotlight, breaking free and realigning with your true self. Leo traits include personal charisma and magnetism, confidence, pride, generosity, benevolence, loyalty, respect, romance, joy and warmth, radiance, and playfulness. On the downside, Leo energy can be egotistical, childish, narcissistic, domineering, arrogant, self-centered, and overbearing.

The spiritual side of Leo can help you to shape your vision for the future. It helps you to direct your energy through creative thought and focus. Notice your hunches this month as well as synchronicity. Pay attention to your intuition and fill in the details. Play with multiple possibilities of all you desire, free of fear or doubt. Allow yourself to dream and to explore. Enjoy the process. The more you do this, the more that your aspirations develop and take shape.

During August, embrace the positive aspects of Leo energy. Lighten up, bring some whimsy and fun into your life, and cultivate [joy](#). After a whirlwind month of July, I plan to do just that!

**The right-center area of your home relates to Children, Creativity, and Joy.**

Visualize a tic-tac-toe board over your home, yard and workspace, a grid of nine spaces. Stand at the entry to wherever you are. The center-right section is the Children, Creativity and Joy gua. This is the area of focus for August. It's opposite the Family and Ancestors gua, which was last month's focus. This area is about bringing more spontaneity, whimsy, and fun into your life.

Pay attention to this gua, in particular, if you'd like to:

- Do more things you enjoy
- Explore unknown, unexpected, or mysterious topics
- Have more fun and more laughter
- Connect or reconnect with people you enjoy
  
- Have solutions to problems emerge more readily
- Do innovative projects or tap into your imagination
- Discover creative outlets
- Strengthen relationships with your children

- Bring more whimsy into your life
- Genuinely feel lighter in spirit
- Be more optimistic
- Be happier

Take pictures of the Children, Creativity, and Joy areas and study them. What captures your attention? It's easier to see things in photo that your eyes glaze over in person. How does the energy feel what you're in the space? Is it fresh and uplifting? Does it have vitality? Does it feel vibrant? Is this an important area for you? Do you spend time here? Regardless, keep these areas well maintained, clutter-free and in great shape, even if there's a closet, storage area or a garage located here.

### **Archetype: The Alchemist**

The Children, Creativity, and Joy gua is associated with the Metal Element. The archetype for Metal is the Alchemist. A mysterious and secret ancient practice, legend has it that alchemists turned lead into gold. Did they really? Maybe or maybe it's metaphorical. Alchemy is about transmutation. On a spiritual level, it's about going deep, tapping into your raw feelings and experiences, and molding, shaping, and transmuting them to create order on the outside from chaos on the inside. In the book, [\*Between Heaven and Earth\*](#), Harriet Beinfield and Efreim Korngold tell us:

*“Transmutation is the guiding principle for the Alchemist, who seeks the perfection of form and function. Through his power of discernment, he distills what is good and pure from what is coarse and primitive. In his striving to extract order from chaos, he molds situations so that people perform their tasks with elegant precision.*

*Defining and refining, the Alchemist is the keeper of standards and measures, the source of aesthetic and moral values, the defender of virtue, principle, and beauty. He is the master of ceremony and discipline. Like an abbot ensconced in his sanctuary, serene, detached, unflappable, he instructs us in the meaning of ritual and doctrine, providing the structure that enables people to apply the metaphysical to the mundane.”*

Alchemy is rooted in the worldview that everything is alive and contains a universal spirit. This is similar to the feng shui premise that everything is alive, connected and always changing. Transmutation is the process of changing from one form to another. In your space, notice the quality of chi that flows throughout. Does it feel fresh and alive or stagnant and slow? You have the power to change the chi of your space if you wish. As you do, you also transform yourself. During August, begin by assessing the chi in your Children, Creativity and Joy gua. In my house, this is part of our living room and front porch. It's where I relax, meditate, read, assemble puzzles, and watch TV. It's an area that brings me joy.

### **The Children, Creativity and Joy Gua and the Lake Trigram**

The feng shui bagua is rooted in the teachings from the [I Ching](#), the oldest book of divination. Eight trigrams with different combinations of yin and yang energy form the basis for the bagua. The Children, Creativity and Joy gua, characterized by the Lake trigram, is represented by two solid lines on the bottom capped by a dashed line on top.



Lake is an energy represents lightness, frivolity, and joy. The Youngest Daughter, the baby of the family, is associated with this area. She benefits from the others that have come ahead of her. With a solid foundation from the support of her family, her energy is playful and light. It invites openness, encouragement, deep communications, kindness, generosity, pleasant moods, cooperation, expansiveness, pleasure, and pride in all you do and ultimately, success. Whimsical, playful, colorful, and creative items go well in this area.

### **The Children, Creativity, and Joy Gua and Health**

The Children, Creativity and Joy gua is associated with your lungs, large intestine, and skin. The origin of this is found in the Five Element system. The element is Metal.

In your body, there's an ongoing process of transmutation represented by your lungs, large intestine, and skin ... all of which are associated with Metal. Your lungs are a source for inspiration, opening and expanding inner space as you breathe in. This space helps you shape new ideas and feel emotions. Your large intestine, digests and metabolizes your food, while separating the waste and releasing what you no longer need. Your skin protects you from outside invaders. Together, your lungs, large intestine, and skin are responsible for many processes of separating, distilling and transmuting form and matter into chi and energy.

### **The Children, Creativity, and Joy Gua and the Five Elements**

Evaluate the center-right areas of your home, every room in your home, your workspace, and yard. Look for how the Metal element is represented. It might be through color: white, gray, silver or light, pastel shades; shape: circular, oval, or arch shapes; or form: metal décor ... anything made from steel, aluminum, brass, gold, silver, etc.

Earth strengthens Metal. Once you size up how Metal is represented in these areas, look for ways it's supported by the Earth element. It might be by color: yellow, brown and the autumn palette; square or boxy shapes; and things made from the Earth such as pottery, adobe, brick, seashells, and other natural items, as well as heavy furniture that hugs the ground.

Metal energy is diminished and depleted by the Water, Wood and Fire elements. This is useful when you have too much of the Metal element. In every space you want each element represented. The amount or level depends on the particular space. You balance spaces by playing with the elements through color, shape, and form. It's fun to do this. I encourage you to play with these energies this month. Have fun and see what you discover about your space.

Any room can fall within your Children, Creativity, and Joy gua. Regardless of the room and its use, you can play with the mix of energies to bring more joy, fun, whimsy, and spontaneity into your life. This is a great area for a gathering room, playroom, or porch. In addition, Metal-type rooms include organizing areas, bill-paying areas, and closets.

Here's an overview to help you recognize each of the Five Elements in your space:

**Metal** energy helps bring clarity to a space. Metal items include:

- All metal: gold, silver, brass, aluminum and more (pots & pans, lamps, picture frames, sculptures...)
- Marble, granite, flagstone
- Natural crystals and rocks dug from deep in the earth.
- Circular, oval, and arch shapes
- White, gray, and pastel shades.

**Earth** energy grounds and anchors your space. Earth items include:

- Pottery, earthenware, bricks, and clay
- Seashells and natural items
- Square shapes
- Oversized or heavy furniture that hugs the floor.
- Yellow, brown and earth tones.

Balance the Earth and Metal energies in your space using Water, Wood and Fire.

**Water** energy helps to create flow. Water attributes can help you to feed and strengthen Family relationships. Water is represented by:

- Water features and water itself
- Mirrors, windows, glass, reflective and shiny surfaces
- Black and very dark colors
- Free form, wavy and symmetrical shapes
- Pictures of lakes, rivers, harbors, ocean views

**Wood** energy is about growth and expansion. Wood elements can assist in deepening roots and strengthening Family bonds. Wood is represented by:

- Fresh flowers, plants, and trees

- Floral fabrics and patterns
- Vertical stripes and tall columns
- Vertical rectangles
- Green and blue

**Fire** brings dazzling, sparkling energy to a space. It is represented by:

- Fire, flames, lights, sunlight, candles
- Triangles, pyramids, diamond, and cone shapes
- People and animals
- Electronics and electrical items
- Red, burgundy and the red palette

### **Tips to Enhance Your Children, Creativity and Gua**

I encourage you to be creative with this area. Lighten it up and play with your space. Be creative and also do it in your own style.

Here are some suggestions for your Children, Creativity and Joy gua:

- Toys, puzzles, and games
- Creative art and whimsical pieces
- A windsock or windchime
  
- Pictures of children
- Fun crystals in different colors and shapes
- Musical instruments
  
- Play music you enjoy and/or sing
- White, gray, or soft pastel colors
- Books to stoke your creativity
  
- Fun Affirmations
- Images of people enjoying themselves
- Lake pictures, art, and images

As you make changes, remember to do the Three Secrets Reinforcement with each cure or enhancement that you place. The Three Secrets process is a way to strengthen your intention and to transfer it to the related object you place or the action you take.

[Contact Peg](#) if you need the process for the Three Secrets Reinforcement.

### **The Importance of the Family Gua**

Pay attention to the opposite gua as well. The Children, Creativity and Joy gua is the area diagonally opposite Family and Ancestors. This area was last month's area of focus.

If you worked with Family last month, you should be in good shape. Family represents your past and where you came from. Children and Joy, on the other hand, represents what you birth, the future, and where you're headed. Bring some whimsy and fun into the Children and Joy gua. It's also about lightening up as well as finding your voice and speaking authentically.

The two areas work hand in hand. If you're enhancing your Children Creativity and Joy gua, refreshing your Family areas add a boost.

### **Write Your Intention and Meditate on August 8th**

I recommend that you refresh and revitalize your Children, Creativity and Joy areas during the first week of August. Then write a clear intention about your future, prior to the August 8<sup>th</sup> new moon. Put your written intention in a red envelope, energize it with a blessing and then place it in your Children, Creativity and Joy gua. Write your intention in the present tense, using positive words, just as if it's happening for you now. For example: "My days are filled with loving children, creativity, fun and joy. I am blessed!" The more specific you are, the more targeted the direction of resulting energy will be.

Do a mediation on Sunday, August 8<sup>th</sup>, visualizing having fun and enjoying the finer pleasures of life. Skip over how things will happen. Open to the possibility of living your dreams. Give thanks in advance that it's already happening. When you're excited about the possibilities, magic happens. You might muse with delight wondering how things will unfold. Curiosity is powerful.

### **Check-in at the Full Moon**

The full moon is two weeks later, on Sunday, August 22<sup>nd</sup>. Reflect on your intentions for the month and notice what's happening. Pay attention to small changes. They gain momentum and turn into bigger ones. For example, perhaps a friend comes to visit, encouraging you to put your work or daily routines aside for a few days, do some spontaneous activities, and just have fun.

### **Contact Peg for a Children, Creativity and Joy Gua Consultation**

Would you like some clarity about how to strengthen the energy of your home (or office) or set intentions related to Children, Creativity and Joy? Would you like to dissolve obstacles and move forward? Contact Peg for a complimentary 15–30-minute consultation to explore the possibilities and put you on a path to success.

## **Personal Empowerment ...Your Path Forward**

There's a lot of chatter about personal empowerment. But what is it and why does it matter? Personal empowerment is the practice of living your life and making your choices and decisions from your intuition, your inner guidance system and position of strength, rather than one of doubt or weakness, yielding to what others want for you, or

being a victim to someone else's whims and desires. Do you operate from your position of power regularly? If so, bravo! If you're not sure, read on.

### **Clarify What You Want**

When I get into conversations with people about their lives, many times they struggle to specify what they really want, while clearly expressing what they don't want. They also deflect focusing on themselves and indicate what they don't like about other people. Sometimes they reflect on what they perceive other people are doing to them. Here are some questions to consider.

- How do you feel on a regular basis? Are you happy?
- Do you jump out of bed each morning eager for what lies ahead?
- Are you satisfied with your life and the choices you make?
- Do you find yourself envious of other people's lives or what they have?
- Do and wish you had more or that you have some of what they have?
- Do you wish your life were different?
- If so, what would you like?

Beginning with what you don't want is a great place to start. Take a sheet of paper and fold it in half lengthwise. At the top write "What I Don't Want" in the left column. On the right side at the top write: "What I Want." Next, list everything that comes to mind about what you don't want. Include what's not working for you. Add items or situations you want to change or things you want to be different. You might do this over a few days. Once you start writing, more and more will come to the surface.

Then, as you read over what you don't want line by line, in the right-hand column, write what you do want, specifying your replacement for your "don't want." It may take a few days to do this as well. It can be anything you want to Be, Do, or Have. Think big!

### **Add Details About What You Want and Why Your Want It**

Next, take a clean sheet of paper. At the top write: "What I Want and Why I Want It." Then, read the right-hand column of the previous paper indicating what you want and reflect on why you want these things. Again, this can be anything that you want to Be, Do or Have. They can be feelings, relationships, and experiences, as well as physical items. Explore the possibility of really having what you want and what it would feel like to have or experience it. As you write about what you want, dream about having it. Really feel it. Or explore, "I wonder what it would be like to ..." Curiosity allows you to open up and go deeper. Would these things and experiences make you happy and bring you joy? If not, do you really want them? Or are you settling for less because deep down you feel that you don't deserve what you want and therefore will never have it?

### **Believe In Your Dreams**

Believing you can have what you want is essential. If you don't believe you can have it,



you won't. It's as simple as that. Your beliefs, thoughts and emotions drive your experiences. The good news is that you can shift, and it doesn't matter where or how you begin. Specifying what you want and why you want it can motivate you to take inspired action.

### **Shift the Energy of Your Space**

When you change the energy of the space around you, you begin to shift on the inside. If you begin by changing your thoughts or doing emotional release work, you'll eventually want to adjust your surroundings too. The changes might be very subtle at first. Then they accelerate and before long you're bringing your inner and outer selves into alignment with your intentions and desires.

One of the premises of feng shui is that your physical space reflects your inner self. Visible clutter and blocks in your environment indicate similar blocks and clutter at unseen levels: your emotional, mental, and spiritual fields. If you begin with your home, focus on *your space*, not other people's. It's easy to fall into the trap of focusing on other people (remember the mirror aspect of feng shui!), blaming them for clutter and disarray. To avoid this, get your bedroom, kitchen, and common spaces in tip top shape. Clear out items that you no longer need, use or love. Dig into your clothes and closets. Evaluate your kitchen and bathroom items, food and spices, personal care products, books, games, arts and crafts, and knick-knacks. Touch everything. Keep what you use or love. Thin out the rest. It frees your energy and more than likely, you won't miss it. If you do, it will return to you in one way or another.

### **Break Large Projects into Smaller Steps**

You can break big projects, such as resizing, downsizing, or relocating, into smaller and manageable steps. I have always found that things move along more easily when my environment is neat, clean, and orderly. I used to think that this was my double Virgo influence. Although this may be part of it, I also realize that it's also my intuition. Your physical environment influences how you feel, what you do, and how life unfolds for you. It's no wonder that I've been drawn to understanding the power of feng shui. Continually thinning out everything that you no longer want, need or use, is a great way to keep your environmental chi fresh and flowing. When your space feels good, chances are you will too.

### **Look For Hidden Messages**

Sometimes the blocks are hidden or are very subtle. Your space can look great on the outside, yet things are stuck on the inside, your inner space. When this happens, go deeper. Everything in your environment contains energy at the physical, emotional, mental, and spiritual levels. During a consultation years ago, I asked my clients about a particular piece of furniture. It was a large, beautiful, custom made cabinet prominently placed in the Children, Creativity and Joy gua of this house. The reason the couple called me in was because they wanted to conceive a child.

It turns out that this cabinet was a wedding gift that they never liked, yet they didn't feel that they could part with it. It was a huge dilemma and an emotional tug of war for them. The cabinet wasn't their style, yet they deeply cared about the person who made it. So, it sat in their house for ten childless years. They didn't realize how it was also blocking their deepest desire. The solution turned out to be easier than anticipated. They decided to give the cabinet to another family member who loved and cherished it. Not long after, they had a baby.

### **Clarify, Believe and Allow**

My recommended process for cultivating personal empowerment is CBA ... Clarify, Believe, Allow. You can apply this to any desire or intention. First, clarify what you want and why you want it. Second, explore your beliefs and get yourself to the point where you truly believe you can have what you want. Note that this may take some time as you clear physical blocks as well as mental, emotional, and spiritual ruts. Know that every inspired action you take is a step forward. Then, get out of your own way and allow the Universe to deliver your desire. What you want may show up in different or unexpected ways, even better than you anticipate, so be ready for this. Here's a summary:

## **A Process for Personal Empowerment**

### **CBA: Clarify, Believe, Allow**

1. Be clear about what you want.
2. Use positive, present tense language. (I am..., I wonder why ...)
3. Believe you can have it.
4. Release doubt, negative language, gossip, etc.
5. Take inspired action. Create a supportive environment.
6. Let go of time; allow results to come to you.
7. Be open to new possibilities. Suspend all disbelief. What you "ask for" may show up differently.
8. Find something to be happy about every day!

Bonus exercise: Visualize your desired end result in four 17-second increments daily. This is the Abraham-Hicks 68 second exercise. In my book, [\*Money Is an Energy Game\*](#), with Madeline Gerwick, we call it Workshopping. Check it out on page 68 of the paper version or 24% into the Kindle version, around location 1735.

## Feng Shui Tips at Work

If you work, chances are you spend a lot of time in your work environment. The energy of that environment influences your energy, your moods, and your health when you're there. Today, more and more people are working from home. As a result, it's more important than ever that you pay attention to the energy of your environment if you'd like to optimize your performance and results.

The following tips can help each day to flow more smoothly:

1. Do what you love.
2. Create safety and comfort.
3. Express yourself creatively. Use color.
4. Organize. Give everything a home.
5. Sit/Work from a command position.
6. Have a comfortable, supportive chair.
7. Leverage natural light and nature.
8. Reduce clutter, including electronic.
9. Apply the feng shui bagua map.

Let's explore each one with a bit more detail.

### **Do What You Love.**

When you enjoy your work or vocation, there are numerous benefits! You find meaning and purpose in daily life, and you're inspired to do well. Your energy is lighter and uplifting, and you also motivate others around you. You're happier and you're also likely to be healthier. When your work feels like a burden, the opposite is true. If you're in this situation, I recommend that you reframe your perspective so that you move forward in a positive direction. One way to do this is to consider the options you're creating for yourself ... particularly the option to spend your time doing activities that bring meaning and purpose to your life.

### **Create Safety and Comfort.**

A safe and comfortable environment helps your nervous system to be more relaxed and it lowers your stress level. A safe and comfortable environment is one that's easy to navigate and is relatively clutter free. It is also one that is well maintained. The plumbing and electric work well. Doors and windows open fully and easily. Furniture with curves rather than sharp edges enables you to navigate the space without bumps and bruises.

### **Express Yourself Creatively. Use Color.**

Personalize your space through art, color, photos, affirmations, etc. You can do this more easily in some places than others. Your space reflects your energy. How do you want to feel when you're in this environments each day? What are some ways you can bring

those feelings into your location? If you're in a shared space, look for opportunities to personalize what you can.

**Organize. Give everything a home.**

Organization brings order. Putting things away helps to create a calmer and more serene environment. It also decreases stress. A closet or cabinet dedicated to business items is ideal. Desks with drawers also provide opportunities to organize and store work items. If you are working from home, you might convert a closet from home storage to business storage.

**Sit/Work from a command position.**

A command position is one where you can:

- a. See the door without sitting directly in front of the door.
- b. You have solid support behind you, such as one or two walls (if you sit on a diagonal).
- c. You have the larger part of the room in front of you.

Sitting or working from a command position also helps you to settle your energy, so that your work flows more easily. You can look up and see others approaching without straining your neck, back or shoulders. Open space in front is like a gathering spot for opportunity, creativity, and new ideas. Solid support behind you also provides an energetic boost. If you can sit in a command position and also sit in one of your four best directions, you get an added boost of a positive energy. Explore the web or [contact Peg](#) to discover your best directions.

**Have a comfortable, supportive chair.**

A supportive chair is one with a high back and arm rests. Comfort is also very important. You spend a lot of time working. Treat yourself well and give yourself the added benefit of the best chair you can find and afford. You deserve it. Your spirit, the quality of your work, and your health will benefit.

**Leverage natural light and nature.**

Feng shui is about living in harmony with nature. Spending time outdoors is ideal. When you're inside, access to natural light and a view of the natural environment helps to bridge the gap. It helps to calm your nervous system, elevate your mood, and provide inspiration. If you don't have access to nature, you can bring it into your space via a peel and stick wall mural. There are many options on the web. You can add a view of a beautiful environment on any budget.

**Reduce clutter, including electronic.**

Clutter is anything that you don't use or love. Continued diligence is required to manage clutter in today's homes and workplaces. [Eliminating paper piles](#) in your office will serve you well. In addition to typical clutter, remember to reduce electronic clutter as well: emails, text messages, files you're storing, voicemails, etc. Since these aren't as visible, they use digital space and pile up too. Be vigilant. Reduce and eliminate clutter regularly.

**Apply the feng shui bagua map.**

The bagua map is a symbolic map of life issues that you overlay on your home, workspace, land, wherever you are. Similar to a tic tac toe board, there are nine blocks. They represent eight life themes that revolve around the center. All life issues fit into the bagua. When you're dealing with a particular area of concern, look for obstacles, blockages, or maintenance issues in the related area of your space. Sometimes the obstacles are very subtle or hidden. They can appear symbolically as well. This is one reason why someone independent, such as a feng shui practitioner, can readily identify the problem. As you spend more time in any particular space, it's easy to overlook the patterns.

If you'd like to know more about how feng shui can help you shift the energy of your home or workspace, [contact Peg](#).

### **August Special: Complimentary 15-30 Minute Consultations**

That's right! I'm continuing this free offer. My gift to you is a free consultation, up to 30 minutes, on any topic, via phone. If you'd like a few tips about a room or particular or area of your house or office, a challenging life issue, releasing blockages or self-sabotage, how to uplift the energy of a space, etc., Send [Peg](#) an email to schedule.

### **Feng Shui Business Tip: Add Something Fun to Your Space**

Creativity is essential to problem solving. It helps to lighten things up and can provide a new or different perspective. Add something fun or creative to the center-right area of your workspace to keep the channels of creativity open and flowing. Think: whimsical, light, and fun. It's also a reminder to take things less seriously and incorporate joy into each day.

### **Feng Shui Home Tip: Trim Overgrowth**

Yes, you can have too much of a good thing. After last year's drought that extended into June, New England received an abundance of rain during July. This means that garden growth is overflowing. The overgrowth can be overwhelming and crowd out forward motion, bringing things to a halt. To keep things flowing, cut shrubbery and gardens back and clear the excess.

### **Prosperity Tip of the Month**

## Prosperity Tip

When you feel a particular feeling over and over again, your body makes more and more receptor sites for the chemical associated with that feeling.

The more often you feel positive emotions, the more easily and quickly prosperity will flow to you.



MONEY IS AN  
ENERGY GAME

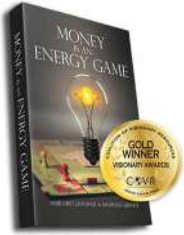
[moneyisanenergygame.com](http://moneyisanenergygame.com)

For the month of August, focus on creating joy and having fun. As you do, you'll also attract more prosperity and greater well-being to yourself. It's a win-win situation.

Listen to [interviews](#) about *Money Is an Energy Game*. You might discover a new podcast host or hostess you'd like to tune into regularly.

For ongoing Prosperity Tips, follow "madelineandpegsmoneytips" on both [Facebook](#) and [Instagram](#)." When you're on Instagram, also follow [Feng Shui Connections](#) for periodic photos, with a feng shui focus or energy reflection.

**If you've read the book, we'd love your review! You can place it directly on [Amazon](#) (scroll to the bottom of the page) or send it to [Peg](#) via email.** Thank you!



Here's what one reader had to say ...

**5.0 out of 5 stars** Good book for anyone wanting to go deeper into the law of attraction  
Reviewed in the United States on March 17, 2021 by Krystal

*“Like many people who study the law of attraction concerning money and finance, I also believed that money was something that I had to go out and work hard for. As a result, I believed that money was hard to get and impossible to acquire beyond a certain amount. Though studying the law of attraction, I learned that by making a simple shift in my attitude toward money, I could start living a more abundant life with less struggle. This book helped me to understand that concept better and start using my mental energy vs. effort to improve my financial situation.”*

## Affirmation # 241

“My genuine appreciation of differences brings more prosperity and abundance to me.”

## Harmonize EMFs with Focused Life Force Energy

**HARMONIZE CELL PHONE EMFs & WI-FI**

**HARMONIZE ELECTROMAGNETIC  
FREQUENCIES (EMF) FROM YOUR MOBILE  
PHONE AND WI-FI SO THEY ARE  
SUPPORTIVE OF BIOLOGICAL LIFE.**

FOCUSED **LIFE-FORCE** ENERGY  
SUPPORTING A HIGHER LEVEL OF CONSCIOUSNESS

[](https://tm179.isrefer.com/go/5GMit/PegDonahue)

I'm receiving more and more calls to measure EMFs in spaces. One thing I can tell you is that high frequency from wireless phones, gadgets, and the web is everywhere. There's no escaping it. I think the best steps are to mitigate what you can and then take steps to harmonize your environment (home, office) and your energy.

I like the EMF harmonization provided by [Focused Life Force Energy](#) (FLFE). Although not for everyone, the FLFE EMF harmonization is working for many people. It raises the consciousness of your environment and reduces the harmful effects of EMFs. In addition, FLFE can help you to:

- Expand our consciousness
- Sleep and meditate more deeply
- Boost our body's natural healing ability
- Increase focus, concentration, creativity
- Energize our living/working space

You might notice an overall sense of calm and peace. Users report fewer headaches, improved digestion, restful sleep, and more energy.

According to the folks at Focused Life Force Energy:

"FLFE creates a pristine environment by activating a high-consciousness field that **clears old thought forms, negative history, and stagnant energy** from your space.

The result? You get to experience the beauty and clarity of the freedom of thought. This might express in different ways like:

- Taking on a different career so that you have more freedom.
- A change in living arrangements or physical environment.
- Having new experiences that you've put off.
- The freedom for doing life your own way - whatever that may look like for you!
- Letting go of old habits and forming new ones."

FLFE offers a [15-day free trial](#) for each service. I encourage you to try it out. If you're already a subscriber, remember to do the daily boost for important activities. You can boost your property for 30 minutes daily or for 5 minutes with a phone subscription. I like to do the property boost when I have a significant activity underway or if I want more clarity about a situation. Check it out!





## Client Testimonial

After an EF&H session

*"Your work with me and on me, has resulted in the best month of sales I've ever had in February. It worked. Now I am reading your book "Money is an Energy Game" and it all makes sense. I've written my own Prosperity contract and I am working on my way to building a phenomenal company. Regardless of what is looming ahead of us. I know I can do it. Thank you so much. You have changed the way I've been looking at things, and you are going to play a part in how I make things different for women in society. It will take a decade, but it will happen." LC, CA, USA*

**Contact Peg to schedule a service or for more information.**

## Services

- Coaching
- I Ching Readings
- Feng Shui Consultations
- Office Feng Shui Consultations
- Business Feng Shui Consultations
- Space Clearings and Personal Clearings
- Personal Empowerment Coaching Sessions
- Emotional Freedom & Healing Release sessions

## A Presentation, Workshop, or Class

Peg works onsite as well as remotely via email, web, phone, Facetime, Skype, WhatsApp or Zoom. EF&H and coaching sessions are generally via telephone. Consultations are tailored to your needs.

*Thank you for reading! Please pass along to anyone who might like to read this as well.*