

November 2021 Newsletter ...

Hello!

We had a beautiful and warm October. I kayaked late into the month, and we enjoyed our summer flowers longer than usual. The first frost in NH was late this year: Sunday, October 24, in the southern part of the state. October 25, 1921, one day later, is the latest first frost date on record.

Now that November is here, we're ready for the colder months. Summer items are put away, snow tires are on, the snow blower is being tuned, snow stakes are in. We're spending more time indoors, eating heartier food, and wearing layers to stay warm.

A fun recent event was going to the movies. We hadn't done that in about two years. To keep safe social distances, we rented a local movie theatre with 21 local friends. The rental fee and ticket price was an affordable \$16.00 each. The theatre was clean and spacious. It was great seeing the new James Bond movie on the big screen. It was action packed!

New trends I'm seeing are an acceleration of [3D printed homes](#) and tiny prefab, [garden room](#) offices. Although there is certainly a learning curve, cost (affordable) and speed (fast) are driving the market. Watch a short [CBS Sunday Morning](#) segment, view a tour of [3D home construction](#) in Florida, or read about the trends in the [NY Times](#).

We live in an ever-changing world. Enjoy November. Have a Happy Thanksgiving too!

Peg

November Feng Shui Forecast

November 4th: New Moon in Scorpio ... Focus on Prosperity

November 19th: Full Moon and Lunar Eclipse

November 25th: Enjoy Thanksgiving!

October Recap ... Relationship Harmony

The check-in that aligned with the October full moon and focus on the Partnership or Marriage sector of your home, began with the October 20th full moon. The quality of energy in the furthest right corner of your space influences your relationships and partnerships. This is the back right corner section of your home, every room in your home, your work space, and your land. New moons are the best time to set intentions and full moons are when the results of your intentions begin to emerge and come into

the light. I find that when you work with natural cycles, life flows more easily. You have fewer obstacles and the blocks that do emerge are easier to resolve.

Did you set an intention for harmonious relationships or partnerships during October? Perhaps you cleaned, cleared, or energized the back right corners of your home, yard, or workspace? Review the [October Feng Shui Forecast and Suggestions](#).

November 4th New Moon in Scorpio ... Focus on Prosperity!

The November new moon in Scorpio is one of my favorites! This is the month to work with your **Wealth gua**. It's the back-left corner of your house ... the area that is furthest from the front door on the left side, as well as all rooms in your house, your yard, and your work space. The energy of these areas influences your ability to attract and retain **Wealth, Abundance, and Prosperity**. I encourage you to let go of what's not working for you and things you no longer need or use, particularly clutter in all of the back-left corners of your home and workspace. Doing so prepares you to be open to receive new, abundant, and prosperous experiences in your life.

Scorpio is a transformative energy. It's deep, mysterious, intense, and full of passion. A downside is that it can also be inflexible and vengeful. Three symbols represent the astrological sign of Scorpio: the scorpion, the phoenix, and the eagle. Each symbol contributes to the power and magic of Scorpio energy. Scorpions are nocturnal arthropods, known for their venomous stingers. The phoenix, a mythical bird from Greek folklore, is a symbol of transformation. Living 500 years or more, it would suddenly burst into flames and be reborn. Eagles symbolize spiritual power and illumination in many cultures. In addition to being one of the most admired birds of prey, Eagles are known for soaring to great heights and have keen vision. Each of these symbols represent key aspects of Scorpio energy.

Explore the Shadows; Clean Your Closets

This month explore what's hidden in the shadows. Let go of fear, anxiety, or troubling aspects of your life, so that you open lighter and more positive and uplifting experiences. Open your closets, cabinets, and storage areas. Go deep. Remove and toss out what you no longer need ... physically in your home and work space as well as emotionally in your body. Release clutter as well as negative emotions and grudges. Doing so frees you to heal and to receive abundance and prosperity. Well-being and prosperity go hand in hand.

The Wealth gua is about the abundance of fortunate blessings in your life. Having enough money is one piece of the puzzle. Good health, supportive and nurturing relationships, living a life of meaning and purpose, cultivating a good balance of giving and receiving, and access to multiple resources are other aspects of fortunate blessings.

Wealth and Wood Energy

The Wealth gua is energized by Wood energy. In nature, Wood energy is displayed in the vitality of trees, plants, and flowers. During autumn the trees and plants provide a gorgeous show of color prior to pulling their energy and preparing for winter. Trees shed their leaves and flowers drop their blooms. Energy goes deep into the roots prior to starting a new cycle of growth and abundance the following spring.

Just as the trees and plants are shedding what they no longer need, it's time for you to do the same. Reassess things you're holding onto that you don't use or don't love. If you love it, keep it. If you don't, let it go. Clear excess on the surface as well as what's deep in your closets. Creating space frees you and your energy from artificial constraints. It's liberating. When your energy is free, open, and expansive, you attract more prosperous and abundant situations, circumstances, and resources.

Connection to the Helpful People and Travel Gua

The Wealth gua in the back-left corner of your space works symbiotically with the Helpful People and Travel gua in the opposite diagonal corner, the front-right of your space. This is about the right people showing up in your life at the right times. Spiritual guides, deities, angels, and other nonphysical helpers are also connected with this gua.

If you'd like to travel anywhere, activate your Helpful People and Travel gua and place reminders or symbols of where you'd like to go in this area. My husband and I are planning to travel to Scotland for Christmas. While writing this, I realized that we're planning our trip from our Helpful People and Travel gua. This is wonderful synchronicity.

The Helpful People gua is ruled by Metal energy. Also, Earth strengthens Metal. Having a predominance of Metal and Earth qualities in the Helpful People and Travel gua helps to activate this energy.

Wealth and Helpful People Guas, and your Health

From a health perspective, the Wealth gua relates to your hips and big bones. The Helpful People and Travel gua rules your head and brain. If you have any imbalances or health problems related to these parts of your body, check your space. Remove clutter, alleviate blockages, and be sure that your plumbing, electric, and windows are in good working order. Create a positive flow of energy and encourage it to meander throughout your space. Also, get proper medical attention for long term or serious problems.

The Five Element Connection

The Wealth gua is a Wood area and the Helpful People and Travel gua is a metal area in the feng shui bagua. Wood energy is strengthened by Water and Metal energy is strengthened by Earth. In the Wealth area, Water and Wood can predominate, while in the Helpful People and Travel area, Metal and Earth elements should be the most prominent. The Wealth gua is depleted by too much Fire, Earth, and Metal energy, while

the Helpful People and Travel gua is depleted by too much Water, Wood and Fire energy.

Study the patterns in your space and adjust according to your intentions. Place Wealth reminders in the back left corners of your spaces and Helpful People and Travel reminders in the front right of your spaces. Remember that a little goes a long way. The feng shui color for the Wealth gua is purple. A little green, red and/or gold are also supportive. White and/or gray are the colors for the Helpful People and travel gua. Yellow, brown, and gold also work well here.

Water energy helps to create flow. It also brings reflective and philosophical qualities. Water is represented by:

- Water features and water itself,
- Mirrors, windows, glass, reflective and shiny surfaces,
- Black and very dark colors,
- Free form, wavy and symmetrical shapes,
- Pictures of lakes, rivers, harbors, ocean views.
-

Wood energy is about growth and expansion. Wood is represented by:

- Fresh flowers, plants, and trees,
- Floral fabrics and patterns,
- Vertical stripes and tall columns,
- Vertical rectangles,
- Green and blue.
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Fire brings dazzling, sparkling energy to a space. It is represented by:

- Fire, flames, lights, sunlight, candles,
- Triangles, pyramids, diamond, and cone shapes,
- People and animals,
- Electronics and electrical items,
- Red, burgundy and the red palette.

Earth energy grounds and anchors your space. Earth items include:

- Pottery, earthenware, bricks, and clay,
- Seashells and natural items,
- Square shapes,
- Oversized or heavy furniture that hugs the floor,
- Yellow, brown and earth tones.

Metal energy helps bring clarity to a space. Metal items include:

- All metal: gold, silver, brass, aluminum and more (pots & pans, lamps, picture frames...),

- Marble, granite, flagstone,
- Natural crystals and rocks dug from deep in the earth,
- Circles, oval and arch shapes,
- White, gray, and pastel shades.

Eight Tips to Enhance your Wealth Gua

- Place a healthy green plant or a vase of fresh flowers.
- Hang a beautiful mirror.
- Add the colors green, purple, red or gold.
- Locate a water feature here.
- Hang a crystal on a red string, cut to an increment of nine inches.
- Place a treasure box here or something that reminds you of prosperity.
- Write your intentions, insert them into a red envelope and place in your Wealth gua.
- Outside, paint a rock gold. This makes a wonderful anchor.

Eight Tips to Enhance your Helpful People and Travel gua

- Place reminders of spiritual guides and helpers, angels, Buddha, favorite deities.
- Place symbols of places you'd like to travel here.
- Add metal items or metal colors.
- White and gray work well here.
- Hang a picture of your father or favorite father figure here.
- Place crystals to activate your intentions.
- Circle, oval and arch shapes go well here.
- Anchor your intentions with Earthy or weighty items.

Remember, a little bit goes a long way. Placing one item with intention can carry more power than doing many things mindlessly and randomly.

Energize your changes with the Three Secrets Reinforcement. The Three Secrets process is a way to strengthen your intention and to transfer it to the related object you place or the action you take. [Contact Peg](#) if you need the process for the Three Secrets Reinforcement.

Write Your Intention and Meditate on November 4th

On November 4th, write about what you'd like to manifest related to Abundance, Wealth and Prosperity. Put your intention in a red envelope, activate it with a prayer or blessing and then place it in the Wealth gua of your home, bedroom, or office. Write your intention in the present tense, using positive words, just as if it's happening for you now. For example: "I am open and ready for the amazing abundance coming my way." The more specific you are, the better your result.

Do a meditation on Thursday, November 4th. Visualize the end result of your intention. Surround it with positive energy and see it unfolding for yourself. Let go of how it will happen. Your job is to set the intention and embrace the outcome. Leave the details up to the Universe. What you ask for may come to you in ways you don't even anticipate. Be open to the unexpected in a positive way, so that you notice and express gratitude when it arrives.

Check-in at the November 19 Full Moon and Lunar Eclipse

The November full moon is two weeks later on Friday, November 19th. We also have a lunar eclipse that day. It's at 27 degrees, 14 minutes Taurus. If you have important planets within five degrees (22 degrees Taurus – 2 degrees Gemini), tune in. This is expected to be a positive eclipse. After all that everyone's been through, this is welcome news. The eclipse window is open thirty days before and after each eclipse. Watch and listen for happy events and uplifting news from October – December 19th.

Contact Peg for a Consultation

If you'd like help applying these concepts to your space, contact Peg for a consultation. It can help to put you on a path to success.

Cultivate an Attitude of Gratitude

I love Thanksgiving! It's a day to slow down, reflect on your blessings, spend time with family and friends and enjoy delicious food. One day of gratitude is a fabulous, but it is far from enough. Cultivating an attitude of gratitude, and giving thanks for your blessings daily, is one of the keys to overall health and well-being.

Both PositivePsychology.com and Harvard Health have published well-researched articles on this topic that are worth reading. The bottom line is that giving thanks and expressing gratitude does wonders for your health and your [brain](#) too.

Some of the benefits of gratitude, backed by research, include:

- Gratitude disconnects you from toxic and negative emotions.
- People who practice gratitude regularly are happier and more satisfied with life.
- The positive effects of gratitude add up over time. They are cumulative.
- A regular gratitude practice trains your brain to be in tune with experiencing more gratitude. The better it gets, the better it gets.
- Gratitude contributes to an attitude of helping.
- Gratitude releases more dopamine in the brain, creating a connection between the behavior of gratitude and feeling good.
- People who practice gratitude demonstrate more patience. Thus, grateful people are willing to delay immediate rewards in favor of longterm benefit.
- College students practicing gratitude demonstrated better eating habits.
- Teens practicing gratitude demonstrated less materialism.

- People undergoing divorce had decreased levels of depression.

This month, make gratitude a priority and a practice. Thank at least one person each day for something they've done, ways they have helped you, or a difference they've made in your life. Challenge yourself to thank a different person each day. Although thirty people may seem daunting at first, you might surprise yourself at how easy it is.

You also might keep a gratitude journal, write about at least five things you're grateful for each day, meditate about gratitude and make a habit of observing it. If you use my "[Daily Plan](#)," which is also included in [Money Is an Energy Game](#), there's space at the bottom to write about six things that you appreciate each day. Be a positive role model for others as you strengthen your own practice!

Bagua mirrors ... How and When to Use Them

Mirrors are an all-purpose tool in feng shui. They have many uses and are often referred to as the "aspirin" of feng shui. Mirrors redirect energy. They:

- guide, direct and enable chi to flow,
- counteract negative influences,
- correct chi imbalances,
- create clarity,
- draw in auspicious chi,
- absorb, reflect, or expand an image,
- project or move a reflection,
- allow chi to penetrate an otherwise closed space,
- reflect compassion.

Energetically, mirrors are empty until you fill them with intent, or they have a reflection.

Bagua mirrors are a special type of mirror. They protect what is behind them and are always placed outside. Never hang one indoors. They can cause havoc. The power of the bagua is rooted in the ever-changing cycles of life, represented by the eight trigrams, the five elements, and the mix of yin and yang energy. Hang your mirror with the three solid lines on top (the Heaven trigram) and the three dashed lines (the Earth trigram) on the bottom.

Flat, Convex or Concave?

Bagua mirrors come in three particular styles and many designs. Typically, they will be about 3-4 inches in diameter and the outer edge will be octagon shapes. The styles are flat, convex, and concave. Flat mirrors have flat glass or a flat reflective surface. For convex and concave shapes, think back to science class. The reflective surface on convex mirrors pops out and it curves inward on concave mirrors.

A common use of a bagua mirror is to ward off negative energy. For this, use a flat or convex mirror. A convex mirror provides a wider view as it reflects outward. It's a favorable choice if you have a large property. A typical use is to hang a bagua mirror over your front door or outside a garden or courtyard gate to deflect negative energy coming to your property. If your front door faces a cemetery, hospital, or police station, hang a flat bagua mirror over your front door to deflect negative energy.

Use concave mirrors cautiously and with professional help. They sabotage and destroy incoming energies and turn images upside down. Typically, they are used to reverse harmful influences related to law suits, legal action, and tall buildings.



Flat bagua mirror on left. Convex or concave bagua mirror on right.

Contact [Peg](#) for help selecting or placing your bagua mirrors.

November Special: 30-Minute Coaching Sessions \$45.00

I'm offering 30-minute coaching sessions via Facetime, Zoom or phone for \$45.00. This is 50% off! A good topic this month is expressing gratitude and using gratitude to turn things around, even when the result feels unrealistic or far away. Any other topic that is weighing heavy on your mind is fine too. Send [Peg](#) an email to schedule.

Feng Shui Business Tip: Revitalize Your Wealth Corner

Clear, clean and enhance your Wealth corners this month. This is the furthest-left corner of your spaces from the door or entrance. Remove outdated or "dead" files and excess paper or magazines. Trim and refresh withered plants. Wash the windows. Replace burnt out light bulbs. Fix electrical problems. Vacuum and dust deep into the corners and high to the ceilings. Add items that bring life and vitality: a fresh plant or flowers, a treasured item, something bright and cheery. Hang a crystal or light up a dark corner. Set an intention for renewed prosperity and look for signs it is happening.

Feng Shui Home Tip: Clear Clutter from Closets in Wealth Areas

Clear out and clean the storage areas in your Wealth corners this month. Also include bookshelves, drawers in tables, cupboards, and items such as ottomans. The Wealth area is the furthest-left corner of your home and every room in your home from the

door or entrance. Storage is often overlooked because it's out of sight. Your areas might even be very neatly organized. If you're storing items that you don't use or you don't love, let them go. They consume space and energy that holds you back. Instead, open new paths to happiness and success by opening up space and energy in your home.

Prosperity Tip of the Month: Practice the Art of Allowing



Prosperity Tip

Imagine having a special,
unlimited bank account with the
Universe!

Whenever you need this account,
just think, "It's a good thing I have
that special unlimited bank
account with the Universe. I'm
going to make a withdrawal and
thank you Universe for providing
it!"

 **MONEY IS AN
ENERGY GAME** moneyisanenergygame.com

I find that working in harmony with the Universe is a great way to help things go smoothly in my life on a consistent basis. Imagining an unlimited bank account is a favorite technique. When you combine this with gratitude for already receiving it,

magic can happen! Try it out for yourself. The key is to stay in the energy and see yourself receiving whatever it is you're expecting. When you're in the flow, what you ask for, shows up. It may show up in a different way or a different form than you ask for or expect, so be ready for that too. This is the Art of Allowing. It's fun and it's exciting.

If you want to believe that this works, yet you harbor doubt, distrust or fear that it won't work for you, it won't. You'll continue to experience your doubts, distrust and fear. This is because the Universe always delivers what you ask for, which is primarily driven by your emotions. If you recognize these patterns in yourself and you want to change, make it a game. Practice having three times as many positive feelings and experiences every day as negative ones. You might also journal about positive expectations and/or tap your fears away.

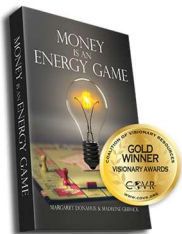
Madeline Gerwick and I provide over 100 tips, tools and techniques for attracting more money and more prosperity to yourself in our book, [Money Is an Energy Game](#). We've also done a series of [podcast interviews](#) about the concepts in our book that might interest you. There's a wide variety of hosts and programs. Select an [interview](#) that captures your attention. You might discover a new host or hostess you'd like to tune into regularly.

For ongoing Prosperity Tips, follow "madelineandpegsmoneytips" on both [Facebook](#) and [Instagram](#)." When you're on Instagram, also follow [Feng Shui Connections](#) for the newsletter articles that are posted throughout the month.

Note: Save 25% on Money Is an Energy Game November 11 – 30, 2021!

This is our gift to you! 25% off paper copies of Money Is an Energy Game purchased through the book's website November 11 – 30. Purchase a copy for yourself or send a copy to family or friends.

If you've read the book, we'd love your review! You can place it directly on [Amazon](#) (scroll to the bottom of the page) or send it to [Peg](#) via email. Thank you!



Affirmation # 282

“The winds of prosperity and abundance are steady and gentle”

Amazing Synchronicity and Flow with FLFE!



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I’ve had [Focused Life Force Energy](#) (FLFE) in place for my home and on my phone for the past three years. For me, it’s an investment in my overall well-being. My husband, and daughter also have FLFE Everywhere on their phones. We’ve been healthy and happy. We consistently experience good fortune too. I think part of this is due to the good vibes that we have in our home and carry with us on our phones.

Recently, the day before my husband and I were leaving to fly to Nashville, TN, for a wedding, my husband decided he needed a new suit to wear. It was a Friday morning. We hopped in the car and drove two hours to our favorite men’s clothing store. When we arrived close to noon, we pulled into a parking spot directly in front of the store on a main city street.” Wow!” we thought. “This is a good sign.”

We went inside and the clerk asked what we were looking for. My husband explained that he wanted a grey suit and that he also needed it before we would be flying to the wedding the following day. The young man selected a suit off the rack. It was too big. The second selection was perfect, with the exception that the pants needed to be hemmed.

The manager came over and said it would be no problem. My husband tried on the pants and the length was marked. The manager suggested that we go have lunch while the pants were hemmed. We did and they were ready when we returned.

What a fun experience! We were in and out of the store in 15 minutes. This is a shop that typically requires at least a week for alterations, and they did it that day for no extra charge.

The [FLFE Everywhere](#) service on our phones raises the consciousness of our immediate environment within a nine-foot radius for 12 programs and within a 300-foot radius for

three remaining programs. Basically, it brings you and your environment into harmony and others in harmony with you. Click the FLFE Everywhere link to read the details.

In addition to the suit event, we're experiencing synchronicity on a daily basis. This includes connecting with helpful people, having smooth travels, being seated at restaurants without a long wait, connecting with people via phone, the web, or walking into establishments and easily conducting business. It's like magic. We expect things to go smoothly and they do. If we run into obstacles, they are easily resolved.

If you have FLFE, remember to turn on the Daily Boost for an even better experience. I do this when I want to direct extra support toward a particular activity or intention. The Daily Boost is 30 minutes for your home and/or 10 minutes for your phone. To turn on the Daily Boost:

1. Log into your FLFE account.
2. Select "My Properties" or "My Mobile Phones" or "Personal Objects"
3. Scroll down and activate the boost.

[Focused Life Force Energy](#) is a service that raises the consciousness level of your home (condo or apartment) or surrounding area. You can put it in place for your home, using your home address or carry it around with you via your phone or a designated personal object. You can also put it in place for your business. I really like it. I've noticed that I'm more creative, problems are easier to solve, I've been very healthy and life in general has been quite good.

FLFE helps you to:

- expand your consciousness
- sleep and meditate more deeply
- boost your body's natural healing ability
- increase focus, concentration, creativity
- energize your living/working space

FLFE also helps to [harmonize EMFs](#), relieve the effects of geopathic stress, clear negative history from your land, and more.

If you're curious, try **FLFE for free for 30 days**, without any obligation. If you're already a subscriber, remember to do the daily boost for important activities. In addition to problem solving, I like to do the property boost when I have a significant activity underway or if I want more clarity about a situation. Check it out!



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Client Testimonial ...

I highly recommend Peg for Feng Shui, Coaching and Energy Clearings!

“I’ve had the pleasure of knowing Peg personally and professionally, for many years. What stands out about her is that she really listens, and cares. I always receive very positive energy after speaking with Peg about her feng shui techniques and hearing about how she helped others with her coaching skills as well through the entire process. When I first met Peg, I was fascinated. I was ready to see how it could impact my stagnant life. She came to my house with all the new updates, also consultations over the phone. Peg is extremely professional; she listened to all my concerns & dilemmas. Within a couple of days of making the bagua adjustments for my house and setting my intentions (that were well planned out), I started seeing results.

Working with energy myself as a Professional Psychic Medium and Energy worker, it’s important not only for myself, but my home and family energy must be balanced. Peg’s patience and understanding, with her knowledge of feng shui and coaching goes beyond what you think is possible. Your body, brain, and home need adjustments regularly. I highly recommend her in your personnel and professional life.

I use Peg every season, for personal goals, professional goals and creating balance with positivity. I truly cannot give a higher recommendation to anyone else, whether you are trying to manifest and shift energy, move into a new home or office, or just feel comfortable with excitement for the future with results. She is truly amazing and is also a co-author of [Money Is an Energy Game](#), which won a 2020 Gold COVR Award (Coalition of Visionary Resources).

I’m really excited! I want to thank you for all your help. I believe the feng shui practice and blessings you did for me have started to take effect. I’m so excited about what else will come my way in the future! Thanks again, Peg. I genuinely appreciate your talent and good heart!

It is with gratitude that I thank Peg for taking care of me and for being my feng shui consultant, friend, coach and expert. I recommend Peg's services wholeheartedly!”

Spiritual Psychic Medium, Lana Louise <https://www.lanalouisedesigns.com/>

Contact Peg to schedule a service or for more information.

Services

- Coaching
- I Ching Readings
- Feng Shui Consultations
- Office Feng Shui Consultations
- Business Feng Shui Consultations
- Space Clearings and Personal Clearings
- Personal Empowerment Coaching Sessions
- Emotional Freedom & Healing Release sessions

A Presentation, Workshop, or Class

Peg works onsite as well as remotely via email, web, phone, Facetime, Skype, WhatsApp or Zoom. EF&H and coaching sessions are generally via telephone. Consultations are tailored to your needs.

Thank you for reading! Please pass along to anyone who might like to read this as well.